

FIXTURES 2014

DATE	EVENT	VENUE	
January	Sun. 5th	Suffolk County Cross Country Championships	Ickworth Park
	Sat. 25th	SEAA Reginal CC Championships	Parliament Hill,London
February	Sun. 2nd	Suffolk Winter CC League	Stowmarket
	Sat.8th/Sun.9th	Eastern AA Indoor T & F Championships	Lee Valley
	Sun. 16th	Suffolk Winter CC League	Heveningham Hall, Bungay
	Sat. 22nd	E.C.C.A. CC Championships	Wollaton Park,Nottingham
March	Sun. 23rd	Tarpley 10 / 20 (Suffolk AA for 10M)	Beyton Middle School
	Sun. 2nd	Suffolk Winter CC League	Nowton Park,Bury St.Edmunds
	Sat. 8th	UK CAU CC Championships	Cofton Park, Birmingham
	Sat. 15th	English Schools CC Championships	Donnington Park
April	Sun. 23rd	Stowmarket Half Marathon (Grand Prix)	Stowmarket
	Sun. 6th	Bungay Half Marathon (Grand Prix)	Bungay
	Sun. 6th	Bungay Full Marathon (Grand Prix)	Bungay
	Sun. 13th	London Marathon	London
May	Fri. 18th	Sudbury Fun Run	Sudbury
	Thur. 1st	Heath Run	Newmarket
	Sun. 11th	Alton Water Run	Holbrook
	Sun. 11th	Newmarket Half Marathom & 1Km	Haverhill
	Sun. 18th	Woodbridge 10K	Woodbridge
	Sun. 25th	Suffolk County T & F Championships	Ipswich
June	Fri. 30th	Jaffa 5 Mile	Ipswich
	Mon. 2nd	Track 5K championships (Suffolk AA)	Bury St.Edmunds
	Wed. 4th	Bungay 10k	Bungay
	Fri. 6th	Kirton 5 Mile (Suffolk AA)	Kirton
	Fri. 13th	Stowmarket 5 Mile	Haughley Park, Stowmarket
	Fri. 20th	Bury 5 Mile	Nowton Park
	Wed. 25th	Bungay 10k	Bungay
July	Sun. 6th	Newmarket 10K (Suffolk AA)	Stechworth
		Capel five	Capel St.Mary
	Fri 11th / Sat 12th	English Schools T & F Championships	Birmingham
	Sun. 13th	Ekiden Relays	St.Joseph's College
	Sat. 26th	Eastern AA T & F Championships	Cambridge
	Wed. 30th	Bungay 10k	Bungay
August	Sat 23rd to Sun 24th	UK CAU T & F Championships	Bedford
	Sun. 31st	Framlingham 10K (Grand Prix)	Framlingham
	Sun. 7th	Great North Run	Gateshead
September	Sun. 7th	Langham 10K	Langham
	Sun. 21st	Ipswich Half Marathon (Suffolk AA)	Christchurch Park,Ipswich
	Sun. 28th	Felixstowe Coastal 10	Felixstowe
October	Sun. 12th	Martlesham 10K	Martlesham
	Sun. 19th	Saxon 5 (Grand Prix)	Saxmundham
	Sun. 19th	Thurlow 10M	ThurlowStechworth
November	Sat. 1st	ECCA CC Relays	Mansfield
	Sun. 2nd	Great Eastern 20K.	Bungay
	Sun. 9th	Scenic 7	Stowmarket
December		Hadleigh 10 & 5 (Grand Prix)	Hadleigh,Nr.Ipswich
	Sat. 29th	English Schools Cross Country Cup	Newquay
	Sun. 14th	Turkey Trot 10	Beccles