

Race No	First Name	Surname	Club Name	Category
1	Graham	Watson	Unattached	Male Senior
2	Simon	Riches	Unattached	Male Senior
3	Raymond	Keevil	Thetford AC	Male Master 60+
4	Roy	Athurton	Unattached	Male Master 60+
5	Mick	Glen	Unattached	Male Master 45
6	Lyn	Keates	Unattached	Female Master 40
7	Lisa-Jayne	Durham	Unattached	Female Senior
8	Jonathon	Thetford	Unattached	Male Master 40
9	Sarah	Ford	Unattached	Female Master 45
10	Julie	Pickering	Unattached	Female Senior
11	Jo	Knox	Unattached	Female Senior
12	Samantha	Cheeseman	Unattached	Female Master 40
13	Samantha	Kemp	Unattached	Female Master 40
14	Kerry	Morrison	Unattached	Female Senior
15	Tim	Sexton	Norfolk Gazelles	Male Master 40
16	Mike	Burton	Unattached	Male Master 40
17	Sue	Burton	Unattached	Female Master 40
18	Ryan	Williams	Unattached	Male Senior
19	John	Lambert	Unattached	Male Master 50
20	Michael	Williams	Unattached	Male Senior
21	Rachel	Allen	Unattached	Female Senior
22	David	McNicol	Unattached	Female Master 45
23	Rebekah	McNicol	Unattached	Female Master 45
24	Eleanor	Edge	Unattached	Female Senior
25	Andrew	Wilcox	Unattached	Male Master 40
26	Laura	Ashworth	Unattached	Female Senior
27	Kerry	Taldot	Unattached	Female Master 45
28	Ben	Walker	Unattached	Male Senior
29	Gordon	Banks	Unattached	Male Master 45
30	Peter	Walls	Unattached	Male Master 60+
31	Clare	Mortimer	Unattached	Female Master 45
32	Philip	Neave	Bungay Black Dog	Male Master 60+
33	Yvonne	Osborne	Unattached	Female Master 50
34	Mark	Sexton	Norfolk Gazelles	Male Master 45
35	Jack	Germany	Unattached	Male Senior
36	Amita	Hinton	Unattached	Female Master 50
37	Gavin	Ellis	Unattached	Male Master 40
38	John	Neville	Unattached	Male Master 45
39	Michelle	Matthews	Unattached	Female Master 40
40	Andy	Debenham	Unattached	Male Master 50
41	Elgan	Hallett	Unattached	Male Senior
42	Bob	Jack	Bungay Black Dog	Male Master 50
43	Michael	Clears	Unattached	Male Master 60+
44	Emily	Stead	Unattached	Female Senior
45	Dan	Earp	Unattached	Male Senior
46	Tom	Davies	Unattached	Male Senior
47	Lucy	Burbridge	Unattached	Female Senior
48	Alison	Burbridge	Unattached	Female Master 45
49	Hilary	Handoll	Unattached	Female Master 50
50	Melanie	Cole	Unattached	Female Master 50
51	Louise	White	Thetford AC	Female Senior
52	Stefan	Rider	Tri Anglia	Male Master 40
53	John	Keeble	Unattached	Male Master 60+
54	Loretta	Thurston	Unattached	Female Senior
55	Stacey	Harper	Unattached	Female Senior

56	Graeme	Simpson	Unattached	Male Master 40
57	Rebecca	Calton	Unattached	Female Senior
58	Angela	Philpot	Unattached	Female Senior
59	Colin	Shadbolt	Unattached	Male Senior
60	Ian	Gardner	Unattached	Male Master 55
61	Catherine	Hunt	Unattached	Female Senior
62	Mark	Garnham	Unattached	Male Senior
63	Nichola	Smith	Unattached	Female Senior
64	Andrea	Poll	Unattached	Female Master 40
65	Suzie	Luxford	Unattached	Female Master 40
66	Helen	Lakey	Wymondham AC	Female Master 60+
67	Sharron	Francis	Unattached	Female Senior
68	Teresa	Potter	Unattached	Female Master 40
69	Don	Tiffin	Bungay Black Dog	Male Master 60+
70	Sam	Brotherhood	Unattached	Female Senior
71	Billy	Howe	Unattached	Male Master 45
72	Stephen	Dady	Gt Yarmouth RRC	Male Master 60+
73	Charles	Fenech	Unattached	Male Master 60+
74	Sylvia	Dady	Wymondham AC	Female Senior
75	Tim	Schaay	Unattached	Male Master 45
76	Clive	Dennis	Unattached	Male Senior
77	Mike	Smith	Wymondham AC	Male Master 60+
78	Louis	Cooper	Wymondham AC	Male Master 60+
79	Robert	Kendal	Wymondham AC	Male Master 40
80	Sally	Kendall	Wymondham AC	Female Senior
81	Shela	McDonald	Unattached	Female Master 55
82	Wendy	Burgess	Wymondham AC	Female Senior
83	Cindy	Burgess	Wymondham AC	Female Master 60+
84	Lester	Pearson	Diss Athletic Club	Male Master 60+
85	Toby	Ungless	Unattached	Male Senior
86	Elspeth	Latimer	Wymondham AC	Female Master 50
87	heloise	Ungless	Wymondham AC	Female Senior
88	Allison	Carter	Tri Anglia	Female Master 40
89	Timothy	Jophnson	Unattached	Male Senior
90	Bobby	Sauerzapf	Bungay Black Dog	Female Master 50
91	Chris	Chorley	Bungay Black Dog	Male Master 50
92	Ian	Odgers	Unattached	Male Master 40
93	Paul	Stevenson	Unattached	Male Master 45
94	Anne	Martin	Wymondham AC	Female Master 60+
95	Jason	Moore	Unattached	Male Master 40
96	Dennis	Bartrak	Wymondham AC	Male Master 60+
97	Richard	Egle	Unattached	Male Master 40
98	Hollie	Adams	Unattached	Female Senior
99	Robert	Scarfe	Wymondham AC	Male Master 60+
100	Tone	Earp	Unattached	Male Senior
101	Matt	Earp	Unattached	Male Senior
102	Robert	Ashton	Unattached	Male Master 55
103	Jenny	Unwin	Unattached	Female Senior
104	Kate	Measures	Unattached	Female Master 40
105	Carolyn	Harris	Unattached	Female Senior
106	Ian	Golden	Norwich Road Runners	Male Master 40
107	John	Miller	Norwich Road Runners	Male Master 50
108	Jo	Foley	Unattached	Female Master 45
109	Spohie	Williamson-Chambers	Unattached	Female Senior
110	Christopher	Williamson-Chambers	Unattached	Male Senior
111	Matthew	Morox	Sheen shufflers	Male Senior

112	Nick	Askham	Tri Anglia	Male Senior
113	Sean	West	Thetford AC	Male Senior
114	Clare	Slattery	Thetford AC	Female Senior
115	Gillian	Paremain	Thetford AC	Female Master 60+
116	Carla	Potter	Wymondham AC	Female Senior
117	Fiona	Martin	Wymondham AC	Female Master 45
118	Stephen	Walls	TickhillRunning & A.C.	Male Senior
119	Barry	Hipwell	Unattached	Male Master 50
120	Russell	Slattery	Thetford AC	Male Senior
121	Carl	Higgins	Thetford AC	Male Master 50
122	Paul	rayner	Thetford AC	Male Master 50
123	Julian	Godden	Unattached	Male Master 40
124	Paul	Claughton	UK Athletics AC	Male Master 50
125	Juliet	McDonald-Doig	Unattached	Female Master 45
126	Christine	Green	Unattached	Female Master 45
127	Peter	Harvey	Unattached	Male Senior
128	david	Archibald	Unattached	Male Master 45