

Saxons 5 Mile Results
 Sunday 20th October 2013

Position	BIB	Firstname	Lastname	Running Club	M/F	AG CAT	Time	Prize Winners
1	176	Paul	Holley	Newmarket Joggers	Male	M40	28.39	1st Male
2	126	Adam	Howlett	Unaffiliated	Male	M40	29.33	2nd Male
3	145	Darren	Sheppard	Framlingham Flyers	Male	M40	30.47	3rd Male
4	146	Marcus	Sladden	Bungay Black Dog Running Club	Male	Mopen	32.20	
5	147	Dave	Solomon	Felixstowe RRC	Male	M40	32.38	1st M40
6	135	Iain	Milligan	Saint Edmund Pacers	Male	M40	32.59	
7	168	Goy	Roper	City of Norwich	Male	M50	33.21	1st M50
8	167	Tracy	Curl	City of Norwich	Female	F50	34.15	1st Female
9	110	Graham	Coulter	Diss AC	Male	Mopen	34.44	
10	111	Stephan	Curran	Woodbridge Shufflers RC	Male	M50	35.00	
11	130	Sean	Kennedy	Woodbridge Shufflers RC	Male	Mopen	35.04	
12	170	Robin	Mackenzie	Framlingham Flyers	Male	M50	35.05	
13	101	Roger	Ackerley	Woodbridge Shufflers RC	Male	M50	35.06	
14	123	Rob	Harper	Felixstowe RRC	Male	Mopen	35.28	
15	106	Duncan	Chenery	Ipswich Jaffa	Male	M50	35.37	
16	152	Kenny	Tovell	Framlingham Flyers	Male	M40	36.14	
17	172	Neil	Bassett	Stowmarket Striders RC	Male	Mopen	36.32	
18	169	James	Calver	Ipswich Jaffa	Male	Mopen	36.44	
19	125	Paul	Home	Vegetarian C & AC	Male	M50	37.19	
20	131	Mark	Kitson	Unaffiliated	Male	M40	37.37	
21	174	David	Dinnage	Diss AC	Male	Mopen	38.04	
22	156	Iain	Catchpool	Ipswich Jaffa	Male	M40	38.15	
23	138	Marcus	Nichols	Bungay Black Dog RC	Male	Mopen	38.48	
24	140	Terence	O'Sullivan	Framlingham Flyers	Male	M50	39.01	
25	118	James	Fox	The Saxons	Male	Mopen	39.09	
26	133	Robert	Mawson	Framlingham Flyers	Male	M50	39.17	
27	161	Clare	Barstow	Framlingham Flyers	Female	Fopen	40.17	2nd Female
28	132	Gail	Mackie	Felixstowe RRC	Female	Fopen	40.24	3rd Female
29	166	Gary	Hutchings	Framlingham Flyers	Male	M50	40.45	
30	151	David	Taylor	Framlingham Flyers	Male	M60	40.51	1st M60
31	117	Richard	Fellingham	Stowmarket Striders RC	Male	M60	41.04	
32	120	Chris	Fox	Unaffiliated	Male	M40	41.08	
33	129	Ian	Kennedy	Framlingham Flyers	Male	M50	41.15	
34	155	Fred	Boggis	Woodbridge Shufflers RC	Male	M50	41.19	
35	109	Sarah	Coulter	Diss AC	Female	F40	41.31	1st F40
36	175	David	Baldry	British Military Fitness	Male	M50	41.52	
37	141	Jo	Parden	Framlingham Flyers	Female	F40	42.27	
38	112	Richard	Dempsey	Unaffiliated	Male	M40	42.47	
39	113	Jen	Devaney	Stowmarket Striders RC	Female	Fopen	42.50	
40	115	Amanda	Dunn	Unaffiliated	Female	Fopen	42.58	
41	177	Carolynn	Anderson	Newmarket Joggers	Female	Fopen	43.02	
42	163	Rachel	Crisp	Felixstowe RRC	Female	Fopen	43.06	
43	160	Lee	Crisp	Felixstowe RRC	Male	M40	43.11	
44	159	Kathryn	Gerry	Woodbridge Shufflers RC	Female	F40	44.01	
45	148	Mark	Stancombe-Duhm	Unaffiliated	Male	M40	44.09	
46	121	Martin	Fuller	Felixstowe RRC	Male	M40	44.27	
47	165	Rebecca	Peck	Framlingham Flyers	Female	F40	44.48	
48	104	Liz	Beighton	Stowmarket Striders RC	Female	Fopen	44.52	
49	162	Joanne	Harper	Felixstowe RRC	Female	Fopen	44.55	
50	171	Emily	Burrell	Unaffiliated	Female	Fopen	44.57	
51	124	Julie	Haselwood	Ipswich Jaffa	Female	F60	45.10	1st F60
52	128	Ken	Hurst	Bungay Black Dog RC	Male	M60	45.14	
53	153	Rose	Westall	Little Baddow Ridge Runners	Female	Fopen	45.15	
54	142	Friedel	Plant	Holme Pierre Point Running Club	Female	F60	45.29	
55	164	Steve	Mowles	Felixstowe RRC	Male	M40	45.34	
56	136	Alison	Myles	Ipswich Jaffa	Female	F40	45.40	
57	149	Gordana	Sucur-Hills	Unaffiliated	Female	Fopen	45.57	
58	157	Richard	Smith	Felixstowe RRC	Male	M50	46.43	
59	102	Jill	Anderson	Framlingham Flyers	Female	F50	47.06	1st F50
60	158	Bill	Cox	Framlingham Flyers	Male	M60	47.17	
61	122	Leon	Gold sack	Dover Road Runners	Male	M40	47.20	
62	139	Philip	Nutley	Saint Edmund Pacers	Male	M60	47.44	
63	103	Becky	Bayliss	Hadleigh Hares AC	Female	Fopen	47.59	
64	150	Vivienne	Taylor	Framlingham Flyers	Female	F60	48.07	
65	144	Roland	Shaw	Bungay Black Dog Running Club	Male	M50	48.20	(38.03 unofficial time)
66	173	Amber	Brinkley	Unaffiliated	Female	Fopen	48.46	
67	108	Alison	Cooper	Unaffiliated	Female	F50	49.27	
68	154	Ronel	Van der Merwe	Unaffiliated	Female	F50	49.43	
69	105	Ali	Chambers	Framlingham Flyers	Female	Fopen	50.11	
70	114	Diane	Doyle	Framlingham Flyers	Female	Fopen	50.17	
71	119	Alison	Fox	Unaffiliated	Female	Fopen	52.16	
72	178	Sarah	Stacey	Unaffiliated	Female	Fopen	52.16	
73	143	Karla	Read	Felixstowe RRC	Female	Fopen	52.55	
74	127	Annette	Huggins	Framlingham Flyers	Female	F60	57.02	
75	107	John	Clough	Framlingham Flyers	Male	M50	DNS	
76	116	Tom	Fairbrother	Ipswich Jaffa	Male	Mopen	DNS	
77	134	Sean	McTernan	Unaffiliated	Male	M50	DNS	
78	137	David	Neeve	Bungay Black Dog RC	Male	Mopen	DNS	