

Race No	First Name	Surname	Club Name	Category
1	Stuart	Green	Stowmarket Striders	Male Master 50
2	Liz	Smith	Fetch Everyone RC	Female Master 50
3	Anthea	Shore	Unattached	Female Master 45
4	John	Wheatley	Colchester Harriers AC	Male Master 70
5	Gordon	Banks	Unattached	Male Master 55
6	Steve	Hewes	Harwich Runners	Male Master 40
7	Andre	Besant	Harwich Runners	Male Master 40
8	Anne	Harvey	Ipswich Jaffa	Female Master 45