

Pos	Time	No	First Name	Surname	Club Name	Category
1	00:34:32	191	Kevin	Murphy	St Edmund Pacers	Male Senior
2	00:37:39	183	Julian	Long	St Edmund Pacers	Male Senior
3	00:38:36	210	Damian	Elsdon	Unattached	Male Senior
4	00:39:01	234	Jan	Gazdir	Unattached	Male Senior
5	00:41:32	228	Jack	Anthony	West Suffolk A.C.	Male Under 21
6	00:41:39	211	John	Greenack	St Edmund Pacers	Male Master 40+
7	00:41:49	230	Ashley	Grimson	St Edmund Pacers	Male Master 40+
8	00:42:00	227	Christine	Anthony	West Suffolk A.C.	Female Master 40+
9	00:42:16	229	Stuart	Janes	Royal Sutton Coldfield	Male Senior
10	00:43:11	209	Dave	Vaughan	St Edmund Pacers	Male Master 40+
11	00:43:11	216	Mark	Watts	St Edmund Pacers	Male Master 40+
12	00:43:33	236	Crispin	Kwir	Unattached	Unable to place in Cat.
13	00:44:48	214	Mike	Troup	St Edmund Pacers	Male Master 40+
14	00:45:45	217	Mary	Narey	Stowmarket Striders	Female Master 40+
15	00:46:06	179	Andrew	Brinkley	Unattached	Male Senior
16	00:48:15	173	Spencer	Dutton	Unattached	Male Senior
17	00:48:26	235	Jeffrey	Lo	Unattached	Male Under 21
18	00:48:33	218	Andrew	Smith	RAF Honington	Male Master 40+
19	00:48:38	213	Emily	Baker	West Suffolk A.C.	Female Under 21
20	00:49:06	206	Adele	Stach-Kevtz	Newham & Essex Beagles AC	Female Master 40+
21	00:49:08	222	Sarah	Golding	St Edmund Pacers	Female Master 40+
22	00:49:19	199	Andrew	Bailey	Unattached	Male Master 40+
23	00:49:25	190	Melissa	Clarke	St Edmund Pacers	Female Senior
24	00:49:49	196	Clive	Mast	Unattached	Male Master 40+
25	00:49:58	182	Lee	french	Unattached	Male Senior
26	00:50:21	197	Sara	Matta	Unattached	Female Master 40+
27	00:50:56	212	Chris	Gladwell	Stowmarket Striders	Male Master 40+
28	00:51:11	224	Naomi	Edwards	St Edmund Pacers	Female Senior
29	00:52:14	187	Dawn	Marshal	St Edmund Pacers	Female Master 40+
30	00:52:21	233	Maria	Hamarsoo	St Edmund Pacers	Female Senior
31	00:52:32	220	Chris	Dive	Unattached	Male Senior
32	00:53:20	188	Daniel	Morgan	St Edmund Pacers	Male Senior
33	00:53:39	232	Peter	Massey	Unattached	Male Senior
34	00:53:57	225	Ryan	Edwards	St Edmund Pacers	Male Senior
35	00:57:20	171	Darren	Lorkin	Unattached	Male Master 40+
36	00:57:33	189	Crispin	Dunne	Periwinkles	Male Master 40+
37	00:57:41	221	David	Jenkins	Unattached	Male Master 40+
38	00:58:23	184	Jacqueline	Chubb	Ipswich Triathlon Club	Female Master 40+
39	00:58:31	226	Neil	Anthony	St Edmund Pacers	Male Master 40+
40	00:58:39	178	Yvonne	Freiherr	Unattached	Female Senior
41	01:01:09	203	Rory	Richardson	Unattached	Male Under 16
42	01:01:31	215	Debbie	Harman	Unattached	Female Senior
43	01:04:01	237	William	Dobell	Unattached	Male Under 16
44	01:05:08	207	Alexander	Spark	The Pro Team	Male Under 16
45	01:05:08	208	Jack	Ferrari	The Pro Team	Male Under 16
46	01:05:08	205	Seb	Armstrong	The Pro Team	Male Under 21
47	01:05:08	204	Dominic	Absolou	The Pro Team	Male Under 21
48	01:06:01	185	Adrian	Tindal	Strictly Salsa	Male Master 40+
49	01:09:10	172	Liz	Nice	St Edmund Pacers	Female Master 40+
50	01:10:07	174	Sarah	Andrews	Unattached	Female Master 40+
51	01:10:52	181	Kirsty	Weavers	Unattached	Female Master 40+
52	01:10:52	194	Gillian	Rogers	Unattached	Female Master 40+
53	01:12:05	231	Marion	Greewood	Unattached	Female Master 40+

54	01:14:09	238 Rowdy	Taylor	Unattached	Male Under 16
	dns/dnf	175 Clare	Merchant	Unattached	Female Senior
	dns/dnf	176 Martin	Allum	St Edmund Pacers	Male Master 40+
	dns/dnf	177 Nick	Langeland	Unattached	Male Senior
	dns/dnf	180 Edmund	Todd	Unattached	Male Senior
	dns/dnf	186 Wendy	Horrex	Strictly Salsa	Female Master 40+
	dns/dnf	192 Lucy	Kerney	Unattached	Female Under 21
	dns/dnf	193 Poppy	Kearney	Unattached	Female Under 21
	dns/dnf	198 William	Ewing	Unattached	Male Under 21
	dns/dnf	200 Andy	Zhao	Unattached	Male Under 21
	dns/dnf	201 Bianca	Aleman	Unattached	
	dns/dnf	202 Elena	Dimitrova	Unattached	Female Under 16
	dns/dnf	219 Will	Sutton	Unattached	Male Senior
	dns/dnf	223 Donna	Talbot	St Edmund Pacers	Female Senior