

It may have been easier to call this race nil and void due to the huge amount of mistakes made in the finish funnels.

I have done my best to sort the finishing positions using video footage that was taken.

I hope I have put everyone in their right positions (but there was a lot of swapping positions in the finish funnels) with the correct times.

ONE FINAL NOTE "Don't shoot the messenger"

Finalised Results

For the purpose of the series results, John Oakes is Male Master 50

Pos	Time	No	First Name	Surname	Club Name	Category
1	00:26:39	22	James	Powley	Ipswich Harriers	Male Junior
2	00:27:00	461	Chris	Sellers	Colchester Harriers AC	Male Senior
3	00:27:15	472	Daniel	Moss	Unattached	Male Senior
4	00:27:19	381	Macauley	Delo	West Suffolk A.C.	Male Junior
5	00:27:24	189	Gavin	Davies	Ipswich JAFFA	Male Senior
6	00:27:35	434	Philip	Munro	Colchester Harriers AC	Male Senior
7	00:27:45	165	Robert	Chenery	Ipswich JAFFA	Male Senior
8	00:27:56	458	Robert	Reason	Harwich Runners	Male Senior
9	00:27:59	326	Dominic	Thackery	West Suffolk A.C.	Male Senior
10	00:28:00	355	Sam	Clayton	Colchester & Tendring AC	Male Senior
11	00:28:03	482	Vincent	Coogan	Newmarket Joggers	Male Senior
12	00:28:07	325	Colin	Ridley	West Suffolk A.C.	Male Master 45
13	00:28:12	460	John	Oakes	Cambridge & Coleridge AC	Unable to place in Cat.
14	00:28:29	194	Rick	Weston	Ipswich JAFFA	Male Senior
15	00:28:36	304	Andrew	Revell	Ipswich Harriers	Male Junior
16	00:28:42	464	Brian	Herrington	Harwich Runners	Male Master 40
17	00:28:44	49	Wilfred	Cambell	Ipswich JAFFA	Male Master 45
18	00:28:45	375	Simon	Dale	Gt Bentley Running Club	Male Senior
19	00:28:47	131	Nick	Palmer	Stowmarket Striders	Male Senior
20	00:28:48	262	Peter	Golding	St Edmund Pacers	Male Master 55
21	00:28:51	463	Jonathan	Ling	Ipswich JAFFA	Male Senior
22	00:28:54	199	Tom	cresswell	Sudbury Joggers AC	Male Senior
23	00:28:58	152	Kevin	Vaughan	St Edmund Pacers	Male Master 45
24	00:29:06	202	Tom	Kingsnorth	St Edmund Pacers	Male Senior
25	00:29:09	98	Ben	Caisey	Ipswich Triathlon Club	Male Senior
26	00:29:13	319	Terry	Back	Ipswich JAFFA	Male Master 50
27	00:29:29	414	Sam Gooding-	Matthews	Harwich Runners	Male Senior
28	00:29:34	470	Neil	Wooby	Unattached	Male Senior
29	00:29:43	109	Mark	Reynard	Unattached	Male Senior
30	00:29:45	386	Adam	Cripps	West Suffolk A.C.	Male Junior
31	00:29:52	106	Gary	Thompson	Ipswich JAFFA	Male Senior
32	00:29:54	332	Tamara	Jordon	Stowmarket Striders	Female Senior
33	00:30:02	387	Roger	Stone	Felixstowe Road Runners	Male Master 40
34	00:30:06	182	David	Wright	Colchester Harriers AC	Male Master 50
35	00:30:10	366	Sebastian	Palmer	West Suffolk A.C.	Male Senior
36	00:30:17	20	Dave	Solomon	Felixstowe Road Runners	Male Master 40
37	00:30:18	306	Darren	Sheppard	Framlingham Flyers	Male Master 40
38	00:30:20	401	Mark	Rutter	Harwich Runners	Male Master 45
39	00:30:20	78	Glenn	Douglas	St Edmund Pacers	Male Senior
40	00:30:25	229	Chris	Starmer	Stowmarket Striders	Male Master 50
41	00:30:28	45	Simon	Harrison	Ipswich JAFFA	Male Senior
42	00:30:33	302	Russell	Sharp	Gt Bentley Running Club	Male Senior
43	00:30:36	120	Ben	Hammond	Harwich Runners	Male Senior
44	00:30:45	31	Paul	Preston	Sudbury Joggers AC	Male Senior
45	00:30:51	14	Carl	Ashton	Unattached	Male Senior
46	00:30:54	260	Lee	Morgan	Unattached	Male Senior
47	00:30:57	114	Mark	Hayward	Stowmarket Striders	Male Senior

48	00:30:57	273	Julian	Long	St Edmund Pacers	Male Senior
49	00:31:04	329	Joseph	Gibbon	Colchester & Tendring AC	Male Junior
50	00:31:11	205	Antony	Burt	Ipswich Triathlon Club	Male Senior
51	00:31:16	186	Alistair	Dick	Ipswich JAFFA	Male Master 45
52	00:31:16	318	Ben	Green	Ipswich Triathlon Club	Male Junior
53	00:31:18	41	Michael	Jones	Stowmarket Striders	Male Master 40
54	00:31:22	70	Paul	McClelland	Harwich Runners	Male Master 40
55	00:31:24	403	Justin	Burls	Harwich Runners	Male Master 45
56	00:31:29	124	Tim	Larke	Stowmarket Striders	Male Senior
57	00:31:30	168	Chris	Seymour	Stowmarket Striders	Male Master 40
58	00:31:33	188	John	Thorpe	Ipswich JAFFA	Male Master 40
59	00:31:46	303	Neil	Dable	Ipswich JAFFA	Male Master 40
60	00:31:48	44	Chris	Reeve	Stowmarket Striders	Male Senior
61	00:31:58	8	Neil	Gillingham	Ipswich Harriers	Male Senior
62	00:31:58	266	Nick	Hammond	Stowmarket Striders	Male Senior
63	00:31:59	220	Neil	Dinwiddle	Framlingham Flyers	Male Senior
64	00:32:00	389	Andrew	Raynor	Colchester Harriers AC	Male Master 45
65	00:32:00	478	Simon	Hance	Ipswich Triathlon Club	Male Senior
66	00:32:04	154	Andrew	Green	Stowmarket Striders	Male Master 40
67	00:32:05	396	Paul	Matthew	Unattached	Male Master 45
68	00:32:09	462	Daniel	Chan	Unattached	Male Senior
69	00:32:15	404	Paul	Nedd	Unattached	Male Master 40
70	00:32:16	379	Scott	Crawley	Gt Bentley Running Club	Male Senior
71	00:32:17	364	Simon	Nightingale	Ipswich JAFFA	Male Senior
72	00:32:19	328	Michael	Beckett	Gt Bentley Running Club	Male Master 60+
73	00:32:23	136	Kevin	Short	Framlingham Flyers	Male Master 50
74	00:32:23	280	Chris	Tye	Ipswich Triathlon Club	Male Master 40
75	00:32:27	334	Ian	Coxal	Ipswich JAFFA	Male Senior
76	00:32:30	447	Paul	Brown	Framlingham Flyers	Male Master 45
77	00:32:32	21	Robin	Harper	Felixstowe Road Runners	Male Senior
78	00:32:39	176	Daniel	Nokes	Hadleigh Hares A.C.	Male Senior
79	00:32:47	213	Warren	Birch	Ipswich JAFFA	Male Master 40
80	00:32:50	211	Richard	Flutter	Harwich Runners	Male Master 40
81	00:32:52	85	Andrew	Buck	Sudbury Joggers AC	Male Master 45
82	00:32:58	51	Marie	Shirley	Sudbury Joggers AC	Female Senior
83	00:33:01	370	Darren	Cook	Unattached	Male Master 60+
84	00:33:04	442	John	Greener	St Edmund Pacers	Male Master 40
85	00:33:04	441	Mike	Greener	St Edmund Pacers	Male Master 40
86	00:33:05	36	Steve	Brooke	Felixstowe Road Runners	Male Master 40
87	00:33:07	445	Dave	Gazer	Colchester Harriers AC	Male Senior
88	00:33:09	391	Kate	Sandercok	Colchester Harriers AC	Female Master 35
89	00:33:10	39	Chris	Chorley	Bungay Black Dog	Male Master 45
90	00:33:15	324	Ben	Gemmell	Unattached	Male Senior
91	00:33:18	297	David	Edwards	Cambridge & Coleridge AC	Male Master 50
92	00:33:20	275	Michael	Simmons	Gt Bentley Running Club	Male Master 45
93	00:33:25	438	Goerge	Soloman	Unattached	Male Junior
94	00:33:26	320	Marcus	Catlin	Ipswich JAFFA	Male Senior
95	00:33:27	153	Anthony	Chapman	Unattached	Male Senior
96	00:33:28	219	Adrian	Peake	Ipswich JAFFA	Male Master 45
97	00:33:31	487	Alan	Hart	Stowmarket Striders	Male Senior
98	00:33:33	479	Chris	Squirrell	Ipswich JAFFA	Male Senior
99	00:33:34	110	Steven	Hughes	Stowmarket Striders	Male Master 45
100	00:33:37	187	Stephen	Paul	Unattached	Male Master 45
101	00:33:38	7	Ian	Cannons	Harwich Runners	Male Senior
102	00:33:39	455	Richard	King	Unattached	Male Master 50
103	00:33:40	166	Michelle	Gordon	Felixstowe Road Runners	Female Senior
104	00:33:40	299	Michael	Fischer	St Edmund Pacers	Male Master 40
105	00:33:42	27	Rob	Harrow	Sudbury Joggers AC	Male Senior

106	00:33:42	34	Brian	Rogers	Ipswich JAFFA	Male Master 55
107	00:33:45	390	Sean	Connor	Unattached	Male Master 40
108	00:33:45	292	Paul	Rumbellow	Felixstowe Road Runners	Male Senior
109	00:33:48	206	Ker	Macrosson	Ipswich JAFFA	Male Master 55
110	00:33:50	128	Scott	Sherman	Stowmarket Striders	Male Senior
111	00:33:54	242	Stephen	Melton	Unattached	Male Senior
112	00:33:55	437	James	Taylor	Colchester Harriers AC	Male Senior
113	00:33:55	92	Gary	Lowe	Unattached	Male Master 50
114	00:33:58	67	Duncan	Chenery	Ipswich JAFFA	Male Master 50
115	00:33:58	222	Ronald	Benjamin	Colchester Harriers AC	Male Master 55
116	00:34:00	367	Ian	Cottee	Harwich Runners	Male Senior
117	00:34:03	244	Jonathan	Bailey	Felixstowe Road Runners	Male Junior
118	00:34:04	2	Simon	Wiggins	Felixstowe Road Runners	Male Senior
119	00:34:04	373	Lucy	Barnes	Ipswich Harriers	Female Junior
120	00:34:04	494	Kevin	Stevely	Gt Bentley Running Club	Male Senior
121	00:34:05	388	Chris	Manby	Colchester Harriers AC	Male Senior
122	00:34:07	504	Lynton	Kitchener	Unattached	Male Master 50
123	00:34:08	345	Matt	Ralph	Stowmarket Striders	Male Master 40
124	00:34:09	28	Vince	Calver	Felixstowe Road Runners	Male Master 40
125	00:34:09	11	John	Craddock	Stowmarket Striders	Male Senior
126	00:34:11	394	Steve	Whittaker	Unattached	Male Master 45
127	00:34:14	56	Robert	Hughes	St Edmund Pacers	Male Master 45
128	00:34:17	305	Howard	Revell	Unattached	Male Master 45
129	00:34:20	284	Matt	Hunter	Hadleigh Hares A.C.	Male Senior
130	00:34:20	377	Gerry	Watson	Felixstowe Road Runners	Male Master 55
131	00:34:22	66	Mark	Watts	St Edmund Pacers	Male Master 45
132	00:34:22	25	Ian	Gooderham	St Edmund Pacers	Male Master 40
133	00:34:22	177	Robert	Eldred	Unattached	Male Senior
134	00:34:22	73	Derek	Hood	Unattached	Male Senior
135	00:34:24	315	Peter	Mills	Stowmarket Striders	Male Master 55
136	00:34:26	385	David	O'Flynn	Unattached	Male Master 45
137	00:34:27	52	Mark	Vince	Woodbridge Shufflers	Male Senior
138	00:34:29	26	Emily	Gooderham	St Edmund Pacers	Female Junior
139	00:34:30	164	Adam	Mumford	Sudbury Joggers AC	Male Senior
140	00:34:32	436	Benjamin	Hudson	Unattached	Male Senior
141	00:34:33	372	Andrew	Pearce	St Edmund Pacers	Male Master 40
142	00:34:34	234	Christopher	Moulton	Sudbury Joggers AC	Male Senior
143	00:34:35	279	Cheryl	Holder	Purple Patch Runners	Female Master 40
144	00:34:37	30	Simon	Goldsmith	Unattached	Male Senior
145	00:34:38	298	Robin	Belsom	Ipswich JAFFA	Male Master 50
146	00:34:39	10	Peter	Bird	St Edmund Pacers	Male Senior
147	00:34:43	203	Andy	Forster	Felixstowe Road Runners	Male Master 50
148	00:34:46	312	Adrian	Hive	Felixstowe Road Runners	Male Master 45
149	00:34:51	254	John	Cooper	Unattached	Male Senior
150	00:34:53	475	Alistair	Goodier	Ipswich JAFFA	Male Master 40
151	00:34:53	496	Brian	Munns	Newmarket Joggers	Male Master 40
152	00:34:53	449	Fran	Norris	Colchester Harriers AC	Female Master 50
153	00:34:56	283	Jim	Withers	Newmarket Joggers	Male Master 55
154	00:35:00	493	Vicky	Reynolds	Ipswich JAFFA	Female Senior
155	00:35:02	148	Paul	Masterson	Unattached	Male Master 40
156	00:35:03	115	Jason	Hayfield	Unattached	Male Master 40
157	00:35:03	327	Wayne	Davey	Unattached	Male Master 45
158	00:35:05	374	Tim	Higgins	Ipswich JAFFA	Male Master 45
159	00:35:05	450	Brian	Airley	Hadleigh Hares A.C.	Male Master 40
160	00:35:08	197	Nicola	Pyle	Springfield Striders AC	Female Master 40
161	00:35:09	233	Andrew	Smith	Grange Farm & Dunmow Runners	Male Master 45
162	00:35:10	60	Mary	Narey	Stowmarket Striders	Female Master 40
163	00:35:11	502	Mark	Andrews	Purple Patch Runners	Male Master 45

164	00:35:20	190	Kate	Wooldridge	Ipswich JAFFA	Female Master 35
165	00:35:21	352	Mark	Downey	Unattached	Male Senior
166	00:35:27	473	Andrew	Chaplin	Unattached	Male Master 60+
167	00:35:32	253	Seth	Davis	Ipswich JAFFA	Male Senior
168	00:35:35	341	Julian	Davis	Hadleigh Hares A.C.	Male Senior
169	00:35:37	358	Matthew	Wooden	Felixstowe Road Runners	Male Senior
170	00:35:37	322	Ruth	Ward	Ipswich JAFFA	Female Senior
171	00:35:38	181	Ellie	Mayne	Colchester Harriers AC	Female Senior
172	00:35:39	62	Simon	Meecham	Ipswich JAFFA	Male Master 40
173	00:35:41	505	Andre	Besant	Unattached	Male Master 40
174	00:35:41	257	Robert	Boast	Unattached	Male Senior
175	00:35:41	4	Peter	Frost	Unattached	Male Master 40
176	00:35:42	293	Richard	Laycock	Unattached	Male Senior
177	00:35:44	501	Matt	Para	Unattached	Male Senior
178	00:35:45	314	Emily	Baker	West Suffolk A.C.	Female Senior
179	00:35:47	88	Graham	Brumpton	Unattached	Male Senior
180	00:35:48	130	Mark	Tweed	Woodbridge Shufflers	Male Master 40
181	00:35:50	350	Steve	Gray	Stowmarket Striders	Male Master 50
182	00:35:51	75	Matt	Davey	Tiptree Road Runners	Male Senior
183	00:35:56	105	Christopher	Bing	Ipswich JAFFA	Male Senior
184	00:35:58	74	Nathan	Cole	Sudbury Joggers AC	Male Senior
185	00:36:00	212	Lynn	Tanner	Springfield Striders AC	Female Master 55+
186	00:36:02	376	Kim	Reader	Felixstowe Road Runners	Female Master 40
187	00:36:03	113	Wayne	Mumford	Sudbury Joggers AC	Male Master 40
188	00:36:03	191	Gabriel	Martins	Ipswich JAFFA	Female Master 40
189	00:36:05	459	Mike	Downes	Ipswich JAFFA	Male Master 50
190	00:36:05	240	Peter	Elliott	Unattached	Male Senior
191	00:36:08	248	James	Calver	Ipswich JAFFA	Male Senior
192	00:36:07	83	Richard	Talbot	Felixstowe Road Runners	Male Master 45
193	00:36:08	13	Claire	Hoblyn	St Edmund Pacers	Female Master 45
194	00:36:09	378	Dave	Vaughan	St Edmund Pacers	Male Master 55
195	00:36:12	480	Matthew	Robinson	Capel Cheetahs	Male Senior
196	00:36:13	309	Charmaine	Deraghty	Stowmarket Striders	Female Master 35
197	00:36:14	503	Robert	Thorpe	Gt Bentley Running Club	Male Senior
198	00:36:14	419	Kevin	Hardwick	Unattached	Male Master 40
199	00:36:19	287	Paul	Dewison	Cambridge & Coleridge AC	Male Master 55
200	00:36:22	255	Chris	Johns	Ipswich JAFFA	Male Master 50
201	00:36:26	435	John	Adams	Ipswich JAFFA	Male Senior
202	00:36:28	134	Neil	Martin	Stowmarket Striders	Male Senior
203	00:36:31	424	Wayne	Kean	Halstead Road Runners	Male Master 60+
204	00:36:33	354	Lacey	Bareham	Colchester & Tendring AC	Female Senior
205	00:36:35	53	Steven	Durrant	Felixstowe Road Runners	Male Master 45
206	00:36:36	307	Richard	Soer	St Edmund Pacers	Male Master 50
207	00:36:39	405	Paul	Burrell	Unattached	Male Senior
208	00:36:43	256	Mark	Goodwin	Felixstowe Road Runners	Male Senior
209	00:36:46	413	Peter	Gooding	Harwich Runners	Male Master 60+
210	00:36:48	18	Daniel	Morgan	St Edmund Pacers	Male Senior
211	00:36:48	155	Graeme	Taylor	Gt Bentley Running Club	Male Master 50
212	00:36:49	236	Nigel	Harrison	Ipswich JAFFA	Male Master 40
213	00:36:49	471	Darren	Hart	Unattached	Male Senior
214	00:36:51	431	Peter	Reuch	Unattached	Male Senior
215	00:36:51	296	Stacey	Owen	Thetford AC	Female Senior
216	00:36:52	198	Adrian	Goode	Unattached	Male Master 45
217	00:36:54	430	John	Rednail	Stowmarket Striders	Male Senior
218	00:36:54	82	David	Fox	Felixstowe Road Runners	Male Master 50
219	00:36:56	97	Steven	Shaw	Felixstowe Road Runners	Male Master 40
220	00:36:58	215	Leon	Gillings	Unattached	Male Senior
221	00:36:59	336	Adam	Hocken	Witham RC	Male Master 45

222	00:37:01	339	James	Clayton	Run Evolve	Male Senior
223	00:37:02	361	Russell	Davey	Unattached	Male Master 40
224	00:37:04	81	Shawn	Leek	Gt Bentley Running Club	Male Senior
225	00:37:05	47	Simon	Hibbert	Unattached	Male Senior
226	00:37:10	132	Rob	Clayton	Felixstowe Road Runners	Male Master 50
227	00:37:10	343	Thomas	O'Sullivan	Run Evolve	Male Junior
228	00:37:10	119	Richard	Allport	Felixstowe Road Runners	Male Master 45
229	00:37:11	133	Emma	Mortimer	Ipswich JAFFA	Female Senior
230	00:37:13	338	Paul	Jones	Run Evolve	Male Senior
231	00:37:15	317	Simon	Green	Ipswich Triathlon Club	Male Master 55
232	00:37:15	477	Claire	Burrows	Unattached	Female Senior
233	00:37:17	468	Tim	Ryder	Unattached	Male Master 45
234	00:37:19	71	Laura	Hicks	Stowmarket Striders	Female Senior
235	00:37:19	288	Fred	Boggis	Woodbridge Shufflers	Male Master 50
236	00:37:19	365	Philip	Southgate	St Edmund Pacers	Male Master 40
237	00:37:20	506	Michael	Poulton	Witham RC	Male Master 55
238	00:37:21	121	Andrew	Evans	Ipswich JAFFA	Male Master 45
239	00:37:22	340	Marcus	Green	Stowmarket Striders	Male Senior
240	00:37:24	380	Kril	Shaw	Gt Bentley Running Club	Male Master 60+
241	00:37:25	428	Simon	Lockwood	Ipswich Triathlon Club	Male Master 40
242	00:37:26	448	Phil	Marsden	Ipswich JAFFA	Male Master 50
243	00:37:26	429	Matthew	Eveleigh	Unattached	Male Senior
244	00:37:28	42	Paul	Schwer	Felixstowe Road Runners	Male Master 50
245	00:37:29	409	William	Meador	Capel Cheetahs	Male Master 45
246	00:37:34	193	Andrew	Goulborn	Ipswich JAFFA	Male Master 45
247	00:37:37	395	Jeff	Wiggon	Harwich Runners	Male Master 55
248	00:37:40	249	Stephen	Williams	St Edmund Pacers	Male Master 55
249	00:37:42	210	Paul	Berriman	Unattached	Male Senior
250	00:37:44	492	Darren	Wiley	Gt Bentley Running Club	Male Senior
251	00:37:44	217	William	Burdett	Stowmarket Striders	Male Master 45
252	00:37:47	63	Alex	Morrison	Unattached	Male Master 45
253	00:37:49	158	Paul	Brooks	Ipswich JAFFA	Male Master 40
254	00:37:53	159	Phil	Davies	Ipswich JAFFA	Male Master 45
255	00:37:57	300	Glyn	Peck	Harwich Runners	Male Master 60+
256	00:38:01	96	Peter	Finch	Stowmarket Striders	Male Master 45
257	00:38:01	446	Stuart	Applen	Unattached	Male Master 45
258	00:38:02	351	Ron	Ames	Stowmarket Striders	Male Master 60+
259	00:38:02	457	Linda	Woodard	Felixstowe Road Runners	Female Master 40
260	00:38:10	23	Paul	Gilson	Ipswich JAFFA	Male Master 50
261	00:38:11	17	Richard	Bannister	Felixstowe Road Runners	Male Master 40
262	00:38:12	161	Karen	Mowle	Harwich Runners	Male Master 40
263	00:38:15	384	Mick	Taylor	Unattached	Male Master 55
264	00:38:19	143	Diane	Wooller	Colchester & Tendring AC	Female Master 55+
265	00:38:25	259	David	Daniels	Stowmarket Striders	Male Master 45
266	00:38:29	263	Sarah	Golding	St Edmund Pacers	Female Master 45
267	00:38:30	243	Paul	Bailey	Felixstowe Road Runners	Male Master 45
268	00:38:36	392	David	Howe	Unattached	Male Senior
269	00:38:42	383	Jake	Hammond	Stowmarket Striders	Male Junior
270	00:38:47	241	Azzouz	El-Mahraoui	Unattached	Male Master 40
271	00:38:47	497	Ron	Adams	Unattached	Male Senior
272	00:38:48	313	Tony	Bradford	Unattached	Male Master 45
273	00:38:49	79	Neal	Goldsmith	Ipswich JAFFA	Male Senior
274	00:38:49	77	Andrew	Gemmell	Unattached	Male Master 40
275	00:38:53	371	Daniel	Gould	Team Pink	Male Senior
276	00:38:54	178	Carla	Brown	Unattached	Female Master 35
277	00:38:58	452	Fiona	Coe	Unattached	Female Master 40
278	00:39:03	216	Mark	Avery	Ipswich JAFFA	Male Master 45
279	00:39:05	282	David	Riedel	Unattached	Male Master 55

280	00:39:07	144	Chris	Gladwell	Stowmarket Striders	Male Master 50
281	00:39:08	225	Dee	St-Ledger	Sudbury Joggers AC	Female Master 45
282	00:39:12	416	Colin	Wingate	Unattached	Male Senior
283	00:39:13	112	George	Hughes	Stowmarket Striders	Male Senior
284	00:39:16	301	Colin	Low	Unattached	Male Master 40
285	00:39:18	499	Liz	Cahill	Colchester Harriers AC	Female Master 45
286	00:39:18	135	Mark	Bell	Ipswich JAFFA	Male Senior
287	00:39:19	58	David	Reid	Stowmarket Striders	Male Master 50
288	00:39:19	139	Frank	Moggan	Stowmarket Striders	Male Master 60+
289	00:39:21	127	Harry	Smith	Stowmarket Striders	Male Master 45
290	00:39:22	489	Gary	Taylor	Woodbridge Shufflers	Male Master 45
291	00:39:22	65	Collin	Forester	Stowmarket Striders	Male Master 45
292	00:39:24	147	Christine	Middleton-Burrows	Woodbridge Shufflers	Female Master 40
293	00:39:25	1	Marion	Parker	Felixstowe Road Runners	Female Master 45
294	00:39:28	107	Hazel	Spalding	Ipswich JAFFA	Female Master 50
295	00:39:28	91	Richard	Smith	Felixstowe Road Runners	Male Master 50
296	00:39:34	491	Nicola	Seager	Unattached	Female Senior
297	00:39:34	490	Alan	Doggett	Unattached	Male Senior
298	00:39:35	111	Dianne	Hughes	Stowmarket Striders	Female Master 45
299	00:39:37	171	Katie	Harvey	Bildeston Bounders AC	Female Senior
300	00:39:37	170	Glen	Harvey	Bildeston Bounders AC	Male Master 50
301	00:39:37	192	Rebecca	Clare	Woodbridge Shufflers	Female Master 45
302	00:39:39	239	Samantha	Wing	Thefford AC	Female Senior
303	00:39:39	174	Mick	Sears	Woodbridge Shufflers	Male Master 55
304	00:39:42	316	David	Telling	Unattached	Male Master 45
305	00:39:42	99	Clayton	Fosker	Unattached	Male Senior
306	00:39:51	342	Rebecca	Cook	Run Evolve	Female Senior
307	00:39:53	157	Paul	Theobald	St Edmund Pacers	Male Master 55
308	00:39:55	420	Robert	Chittock	Unattached	Male Senior
309	00:39:55	421	Phil	read	Unattached	Male Senior
310	00:39:55	238	Stephen	Prior	Capel Cheetahs	Male Master 40
311	00:39:59	72	Samantha	Linassi	Felixstowe Road Runners	Female Master 35
312	00:39:59	425	Chris	Howland	Felixstowe Road Runners	Male Master 45
313	00:39:59	123	Emma	Burroughs	Ipswich Harriers	Female Senior
314	00:40:01	344	David	Chapman	Sudbury Joggers AC	Male Master 50
315	00:40:05	363	Martin	West	Harwich Runners	Male Master 60+
316	00:40:06	474	Tacey	Morris	Stowmarket Striders	Female Master 50
317	00:40:10	356	Tony	Weaver	Unattached	Male Master 40
318	00:40:13	15	Dave	Levans	Felixstowe Road Runners	Male Master 45
319	00:40:14	422	Amanda	Martin	St Edmund Pacers	Female Master 40
320	00:40:17	125	Lee	Calver	Unattached	Male Junior
321	00:40:19	129	Frank	Gardiner	Gt Bentley Running Club	Male Master 55
322	00:40:19	271	Suzanne	Heath	Unattached	Female Master 40
323	00:40:21	439	Trevor	Mattews	Harwich Runners	
324	00:40:22	246	Ann	Piercey	Harwich Runners	Female Master 55+
325	00:40:34	173	Wyn	Jones	Felixstowe Road Runners	Male Master 55
326	00:40:37	423	Maria	Hamarsoo	St Edmund Pacers	Female Senior
327	00:40:38	162	Russell	Mowle	Harwich Runners	Male Master 40
328	00:40:49	69	Joanna	Roberts	Unattached	Female Senior
329	00:40:56	295	Louise	Johnson	Ipswich JAFFA	Female Master 35
330	00:40:58	227	Kate	Stannett	Ipswich Triathlon Club	Female Master 45
331	00:41:00	323	James	reed	Woodbridge Shufflers	Unable to place in Cat.
332	00:41:03	466	Harriet	Challis	Stowmarket Striders	Female Senior
333	00:41:07	486	Michaela	Kadauiaia	Ipswich JAFFA	Female Senior
334	00:41:07	485	Nick	Stopley	Unattached	Male Senior
335	00:41:09	9	Eloise	Calver	St Edmund Pacers	Female Master 40
336	00:41:09	281	Joe	Naughton	Unattached	Male Master 45
337	00:41:10	40	Bobbie	Sauerzapf	Bungay Black Dog	Female Master 50

338	00:41:18	68	Alison	Myles	Ipswich JAFFA	Female Master 35
339	00:41:22	369	Dawn	Marshall	St Edmund Pacers	Female Master 45
340	00:41:26	451	Robert	Tillyard	St Edmund Pacers	Male Master 45
341	00:41:28	230	Lex	Carlisle	Gt Bentley Running Club	Female Master 50
342	00:41:31	360	Paul	Blackwell	Gt Bentley Running Club	Male Master 40
343	00:41:32	207	Liz	Cudmore	Colchester Harriers AC	Female Master 55+
344	00:41:36	276	Marion	Simmons	Gt Bentley Running Club	Female Master 45
345	00:41:37	57	Laurence	Gowers	Unattached	Male Senior
346	00:41:37	415	Alex	Kuczer	Unattached	Male Master 40
347	00:41:41	285	Ian	Lightfoot	Unattached	Male Senior
348	00:41:42	12	Karen	Skene	Gt Bentley Running Club	Female Master 40
349	00:41:42	76	Leslie	Basham	Stowmarket Striders	Male Master 60+
350	00:41:45	357	Jane	Holland	Unattached	Female Master 45
351	00:42:53	278	Lorraine	Mills	Stowmarket Striders	Female Master 35
352	00:42:08	290	Mon	Lee	Ipswich JAFFA	Male Master 50
353	00:42:19	116	Jon	Brooks	Unattached	Male Master 40
354	00:42:22	209	Michelle	Berriman	Unattached	Female Master 35
355	00:42:23	64	Vivienne	Woodgate	Felixstowe Road Runners	Female Master 45
356	00:42:24	393	Belinda	Godbold	Ipswich JAFFA	Female Master 50
357	00:42:28	43	Jenny	Jarrett	Felixstowe Road Runners	Female Master 45
358	00:42:33	89	Stephen	Wood	Ipswich JAFFA	Male Master 50
359	00:42:34	269	Wendy	Hughes	Stowmarket Striders	Female Master 50
360	00:42:35	200	Nathan	Pittam	Ipswich JAFFA	Male Senior
361	00:42:36	101	David	Lampard	Felixstowe Road Runners	Male Master 45
362	00:42:40	286	Julie	Haselwood	Ipswich JAFFA	Female Master 55+
363	00:42:42	48	Annabel	Bennett	Felixstowe Road Runners	Female Master 45
364	00:42:43	5	Tim	Finegan	Felixstowe Road Runners	Male Master 45
365	00:42:45	137	Evette	Price	Framlingham Flyers	Female Master 45
366	00:42:53	235	Lorraine	Farley	Stowmarket Striders	Female Master 35
367	00:42:53	498	Darren	Mead	Unattached	Male Master 50
368	00:42:57	268	Susanna	Prichard	Stowmarket Striders	Female Senior
369	00:42:59	407	Christopher	Braddy	Ipswich JAFFA	Male Senior
370	00:43:03	349	Kirsty	White	Sudbury Joggers AC	Female Master 35
371	00:43:07	90	Debbie	Ghant	Stowmarket Striders	Female Master 45
372	00:43:08	252	Claire	Tricker	Stowmarket Striders	Female Senior
373	00:43:10	117	Noel	Kearney	Unattached	Male Master 40
374	00:43:17	289	David	Coley	Felixstowe Road Runners	Male Master 60+
375	00:43:18	469	Debbie	Pemberoke	Capel Cheetahs	Female Master 45
376	00:43:18	46	Mike	Munson	Stowmarket Striders	Male Master 55
377	00:43:21	247	Colin	Harvey	Harwich Runners	Male Master 40
378	00:43:25	362	Tracey	Haddock	Unattached	Female Master 40
379	00:43:25	410	Steven	Mowes	Unattached	Male Master 40
380	00:43:27	330	Sarah	Jobbins	Unattached	Female Master 45
381	00:43:28	6	Teresa	Bailey	Unattached	Female Master 40
382	00:43:28	333	Paul	Smith	Ipswich JAFFA	Male Senior
383	00:43:30	163	Katy	Nash	Stowmarket Striders	Female Master 40
384	00:43:31	61	Les	Smart	Unattached	Male Master 60+
385	00:43:36	160	Angela	Paxon	Harwich Runners	Female Master 35
386	00:43:40	201	Jennifer	Deveney	Stowmarket Striders	Female Senior
387	00:43:42	335	Baz	Algar	Unattached	Male Master 50
388	00:43:44	138	Tony	Adolphus	Ipswich JAFFA	Male Master 50
389	00:43:44	408	Alisa	Meador	Capel Cheetahs	Female Master 40
390	00:43:44	440	Peter	Reeve	Gt Bentley Running Club	Male Master 50
391	00:43:55	228	Charlie	Stannett	Ipswich Triathlon Club	Male Master 55
392	00:44:01	500	Fay	Hellinger	Colchester Harriers AC	Unable to place in Cat.
393	00:44:05	418	Sara	Bloor	The Saxons	Female Master 40
394	00:44:06	346	Don	Welsh	Gt Bentley Running Club	Male Master 50
395	00:44:07	184	Karen	Shelley	Capel Cheetahs	Female Master 45

396	00:44:07	183	Maureen	Wright	Ipswich JAFFA	Female Master 55+
397	00:44:07	294	Keith	Thorogood	Halstead Road Runners	Male Master 55
398	00:44:14	29	Stephen	Reynolds	Unattached	Male Master 50
399	00:44:16	337	Andrew	Leather	Ipswich JAFFA	Male Master 45
400	00:44:20	465	Susanne	Bloomfield	Stowmarket Striders	Female Master 40
401	00:44:24	397	Simon	Palmer	Ipswich Triathlon Club	Male Master 55
402	00:44:30	484	Matt	Johnson	Unattached	Male Senior
403	00:44:41	481	Hollie	Morris	Stowmarket Striders	Female Senior
404	00:44:41	359	K	Gery	Unattached	Female Master 40
405	00:44:48	19	Kate	Pearsall	Unattached	Female Senior
406	00:44:49	406	Gary	Lloyd	Unattached	Male Master 45
407	00:44:49	411	Trevor	Bevies	Unattached	Male Master 45
408	00:44:49	245	Donna	Talbot	St Edmund Pacers	Female Senior
409	00:44:50	261	Mick	Mulley	Unattached	Male Master 50
410	00:44:52	84	Moira	Pinkney	Ipswich Triathlon Club	Female Master 55+
411	00:44:52	270	Isabelle	Calasi	Unattached	Female Senior
412	00:44:53	38	Anita	Bond	Unattached	Female Master 45
413	00:44:54	398	Sue	Hargadon	Ipswich Triathlon Club	Female Master 55+
414	00:44:58	348	Adrian	Downey	Unattached	Male Senior
415	00:44:58	347	Donna	Sperling	Unattached	Female Senior
416	00:45:02	488	Debbie	Taylor	Unattached	Female Master 45
417	00:45:18	172	Bert	Hatcher	Ipswich JAFFA	Male Master 60+
418	00:45:18	218	Sandra	Sidol	Unattached	Female Master 45
419	00:45:22	476	Denise	Wright	Stowmarket Striders	Female Master 45
420	00:45:22	427	Shirly	Brame	Stowmarket Striders	Female Master 40
421	00:45:24	308	Graeme	Maxwell	Unattached	Male Master 45
422	00:45:35	321	Sue	Sorrell	Gt Bentley Running Club	Female Master 40
423	00:45:35	35	Clair	Block	Harwich Runners	Female Senior
424	00:45:36	368	Louise	Papworth	Harwich Runners	Female Master 35
425	00:45:41	95	Julie	Thurlow	Ipswich JAFFA	Female Master 55+
426	00:45:41	272	Laura	Gilmore	Framlingham Flyers	Female Master 40
427	00:45:41	221	Gill	Ivine	Framlingham Flyers	Female Senior
428	00:45:44	456	Cindi	Sheedman	Unattached	Female Master 45
429	00:45:46	185	Chris	Hayes	Gt Bentley Running Club	Male Master 50
430	00:45:50	417	Helle	Muschamp	Unattached	Unable to place in Cat.
431	00:45:52	382	Liz	Stones	Unattached	Female Master 45
432	00:46:00	443	Robert	Laithwaite	Ipswich JAFFA	Male Master 50
433	00:46:03	277	Julie	Wright	Unattached	Female Master 50
434	00:46:06	454	Joanna	King	Unattached	Unable to place in Cat.
435	00:46:06	400	Caroline	Chapman	Capel Cheetahs	Female Master 50
436	00:46:11	353	Lee	Jacobs	Unattached	Male Senior
437	00:46:11	103	Anne	Baxter	Gt Bentley Running Club	Female Master 45
438	00:46:15	86	Paul	Trevelyan	Unattached	Male Master 50
439	00:46:22	483	Kirstie	Flower	Unattached	Female Master 35
440	00:46:23	495	Karen	Eaton	Unattached	Female Master 40
441	00:46:26	156	Ivan	Spouge	Stowmarket Striders	Male Master 45
442	00:46:32	16	Maranda	Rayner	Harwich Runners	Female Master 40
443	00:46:32	258	Marianne	Burnell	Ipswich JAFFA	Female Master 55+
444	00:46:36	399	Sarah	Wood	Ipswich JAFFA	Female Senior
445	00:46:47	331	Nick	Hussins	Stowmarket Striders	Male Master 55
446	00:46:55	54	Mel	Chittock	Unattached	Male Master 55
447	00:47:18	426	Mary	Akin-George	Unattached	Female Master 35
448	00:47:18	214	Zoe	Mason	Stowmarket Striders	Female Senior
449	00:47:39	311	Rachel	Champion	Stowmarket Striders	Female Master 40
450	00:47:50	237	Amanda	Prior	Capel Cheetahs	Female Master 40
451	00:47:59	204	Tracey	Morgan	Unattached	Female Master 40
452	00:48:30	412	Rod	Burrows	Unattached	Male Master 60+
453	00:48:38	310	Vikki	Shaw	Unattached	Female Senior

454	00:48:45	142	Laura	Burrows	Ipswich JAFFA	Female Senior
455	00:48:59	50	Jo	Dickinson	Felixstowe Road Runners	Female Master 40
456	00:49:03	55	Lisa	Gaughan	Capel Cheetahs	Female Master 40
457	00:49:11	108	Paul	Cheshire	Unattached	Male Master 40
458	00:49:15	195	Melissa	Wilkins	Unattached	Female Senior
459	00:49:16	433	Mary	Hayward	Stowmarket Striders	Female Master 55+
460	00:49:18	467	Tracy	Rose	Stowmarket Striders	Female Master 40
461	00:49:24	432	Denise	Robingson	Stowmarket Striders	Female Master 50
462	00:49:42	453	Julian	Wiseman	Framlingham Flyers	Male Master 50
463	00:50:07	250	Janet	Lomas	Framlingham Flyers	Female Master 40
464	00:50:11	223	Gillian	Benjamin	Colchester Harriers AC	Female Master 50
465	00:50:43	226	Stephanie	Nichols	St Edmund Pacers	Female Master 40
466	00:50:58	3	Carla	Johnson	Felixstowe Road Runners	Female Senior
467	00:50:59	402	Mila	Burls	Harwich Runners	Female Master 35
468	00:51:17	93	Philip	Nutley	St Edmund Pacers	Male Master 60+
469	00:52:45	140	Sue	Moggan	Stowmarket Striders	Female Master 55+
470	00:53:22	274	Jan	Green	Framlingham Flyers	Female Master 55+
471	00:53:58	104	Sabine	Klapper	Harwich Runners	Female Master 45
472	00:54:35	444	David	Nugent	Gt Bentley Running Club	Male Master 60+
473	00:56:15	208	Emma	Bauley	Felixstowe Road Runners	Female Senior
474	01:00:36	126	Harold	Bennett	Unattached	Male Master 60+
475	01:02:55	94	Moya	Love	Unattached	Female Master 55+
476	01:02:55	80	Pauline	Bell	Unattached	Female Master 55+
	dns/dnf	24	Stephen	Pugh	Ipswich JAFFA	Male Master 50
	dns/dnf	32	Kate	Hendy	Felixstowe Road Runners	Male Master 50
	dns/dnf	33	Helen	Edwards	Unattached	Female Master 45
	dns/dnf	37	Kevin	Marshall	Ilford AC	Male Master 50
	dns/dnf	59	Ray	Roberts	Felixstowe Road Runners	Male Master 60+
	dns/dnf	87	Gail	Pryke	Ipswich JAFFA	Female Master 50
	dns/dnf	100	Dale	Mandell	Woodbridge Shufflers	Male Senior
	dns/dnf	102	Kaye	Brandon	Felixstowe Road Runners	Male Master 40
	dns/dnf	118	Colin	Lewis	Unattached	Male Master 45
	dns/dnf	122	Stuart	Green	Stowmarket Striders	Male Master 50
	dns/dnf	141	Ryan	Edwards	St Edmund Pacers	Male Senior
	dns/dnf	145	Alex	Wilson	Sudbury Joggers AC	Male Senior
	dns/dnf	146	Carla	Holroyd	Harwich Runners	Female Master 50
	dns/dnf	149	Amanda	Henry	Sudbury Joggers AC	Female Master 35
	dns/dnf	150	Lisa	Smith	Unattached	Female Senior
	dns/dnf	151	Ian	Freeman	St Edmund Pacers	Male Master 60+
	dns/dnf	167	Andrew	Gordon	Felixstowe Road Runners	Male Senior
	dns/dnf	169	Kim	Caplin	Unattached	Male Master 40
	dns/dnf	175	Carol	Nokes	Hadleigh Hares A.C.	Female Master 50
	dns/dnf	179	Rachel	Richardson-Wright	Colchester Harriers AC	Female Master 45
	dns/dnf	180	Charlotte	Smith	Colchester Harriers AC	Female Senior
	dns/dnf	196	Mark	Sly	Woodbridge Shufflers	Male Master 50
	dns/dnf	224	Thomas	Hammond	Stowmarket Striders	Male Junior
	dns/dnf	231	Paul	Carlisle	Gt Bentley Running Club	Male Master 50
	dns/dnf	232	Jane	Smith	Grange Farm & Dunmow Runners	Female Master 40
	dns/dnf	251	Mark	Andrews	Purple Patch Runners	Male Master 40
	dns/dnf	264	Rebecca	Guy	St Edmund Pacers	Female Senior
	dns/dnf	265	Matthew	Dorey	Unattached	Male Senior
	dns/dnf	267	Sandra	Mayhew	Stowmarket Striders	Female Master 45
	dns/dnf	291	Adam	Keeble	Unattached	Male Senior