| Position | Finish Time | Race No | First Name | Surname | Club Name | Category |
|----------|-------------|------------|------------|-----------|-------------------------|------------------------|
| 1 | 00:06:14 | 90 | Sean | Cuddihy | Unattached | Boy 13 - 15 |
| 2 | 00:06:15 | 38 | Alfie | Foster | Gt Bentley Running Club | Boy 13 - 15 |
| 3 | 00:06:35 | 56 | Emma | Watts | St Edmund Pacers | Girl 13 - 15 |
| 4 | 00:06:44 | 69 | Jack | Mabbett | Unattached | Boy 2 - 12 |
| 5 | 00:06:47 | 116 | Emily | Stickland | St Edmund Pacers | Girl 13 - 15 |
| 6 | 00:06:48 | 75 | Owen | Hayfield | Unattached | Boy 2 - 12 |
| 7 | 00:07:01 | 52 | Ben | Manners | Unattached | Boy 2 - 12 |
| 8 | 00:07:12 | 95 | Ethan | | Unattached | Boy 2 - 12 |
| 9 | 00:07:13 | 124 | Tom | Pepper | Unattached | Boy 2 - 12 |
| 10 | 00:07:15 | 61 | Harry | Clarke | Unattached | Boy 2 - 12 |
| 11 | 00:07:16 | 102 | Scott | Gallagher | Unattached | Boy 2 - 12 |
| 12 | 00:07:17 | 132 | Conor | Wakeman | Ipswich JAFFA | Boy 13 - 15 |
| 13 | 00:07:26 | 137 | Louis | Crick | Unattached | Boy 2 - 12 |
| 14 | 00:07:27 | 63 | Rose | Mortimer | Unattached | Girl 2 - 12 |
| 15 | 00:07:30 | 141 | Will | Blackburn | Ipswich JAFFA | Boy 2 - 12 |
| 16 | 00:07:31 | 103 | Conor | Gallagher | Unattached | Male Over 18 No Trophy |
| 17 | 00:07:33 | 65 | Joseph | Hammond | Harwich Runners | Boy 2 - 12 |
| 18 | 00:07:37 | 122 | Owen | Fletton | Unattached | Boy 2 - 12 |
| 19 | 00:07:42 | 131 | Harrison | Ward | Ipswich JAFFA | Boy 2 - 12 |
| 20 | 00:07:42 | 120 | Max | Ashmore | Unattached | Boy 2 - 12 |
| 21 | 00:07:46 | 147 | Joshua | Sage | Unattached | Boy 2 - 12 |
| 22 | 00:07:49 | 123 | Billy | Pepper | Unattached | Boy 2 - 12 |
| 23 | 00:07:55 | 101 | Jake | Hudson | Unattached | Boy 2 - 12 |
| 24 | 00:07:56 | 89 | Katie | Cuddihy | Unattached | Girl 2 - 12 |
| 25 | 00:07:56 | 54 | Florence | Richard | Ipswich JAFFA | Girl 13 - 15 |
| 26 | 00:08:01 | 83 | Samuel | Cooke | Unattached | Boy 2 - 12 |
| 27 | 00:08:04 | 130 | Maxwell | Long | Unattached | Boy 2 - 12 |
| 28 | 00:08:05 | 55 | Summer | Hughes | Unattached | Girl 2 - 12 |
| 29 | 00:08:05 | 94 | Edward | Smith | Unattached | Boy 2 - 12 |
| 30 | 00:08:09 | 82 | Kieran | Clarke | Unattached | Boy 2 - 12 |
| 31 | 00:08:11 | 97 | Tyler | Eastwell | Unattached | Boy 2 - 12 |
| 32 | 00:08:14 | 41 | Charles | Leathers | Unattached | Boy 2 - 12 |
| 33 | 00:08:17 | 76 | Thomas | Goldsmith | | Boy 2 - 12 |
| 34 | 00:08:18 | 77 | Fiona | Meader | Unattached | Girl 2 - 12 |
| 35 | 00:08:19 | 40 | Sam | Cox | Ipswich JAFFA | Boy 2 - 12 |
| 36 | 00:08:23 | 142 | Liam | Riley | Unattached | Boy 2 - 12 |
| 37 | 00:08:23 | 99 | Jack | Cottee | Unattached | Boy 2 - 12 |
| 38 | 00:08:25 | 84 | Elliot | Neville | Unattached | Boy 2 - 12 |
| 39 | 00:08:33 | 92 | Charlie | Smith | Unattached | Boy 2 - 12 |
| 40 | 00:08:35 | 133 | Jordon | Hammond | | Boy 2 - 12 |
| 41 | 00:08:41 | 80 | Dermot | Gardiner | Unattached | Boy 2 - 12 |
| 42 | 00:08:42 | 136 | Paul | Couledge | Unattached | Boy 2 - 12 |
| 43 | 00:08:44 | 86 | Scott | Townes | Unattached | Boy 2 - 12 |
| 44 | 00:08:45 | 93 | Harry | Smith | Unattached | Boy 2 - 12 |
| 45 46 | 00:08:45 | 91 | Elise | Jarvis | Unattached | Girl 2 - 12 |
| 46 | 00:08:47 | 149 | George | Morgan | Unattached | Boy 2 - 12 |
| 47 | 00:08:48 | 44 | Alezander | Watts | Unattached | Boy 2 - 12 |
| 48 | 00:08:49 | 81 27 | Sam | Leroy | Unattached | Boy 2 - 12 |
| 49 50 | 00:08:52 | 37 127 | Evie | Morgan | Unattached | Girl 2 - 12 |
| 50 51 | 00:08:57 | 127 139 | Gregory | Rodger | Unattached | Boy 2 - 12 |
| 51 52 | 00:08:58 | 138 | Jaack | Manly | Unattached | Boy 2 - 12 |
| 52 53 | 00:09:00 | 72 108 | Finley | Hammond | Unattached | Boy 2 - 12 |
| 53 | 00:09:04 | 108 | Lily | Waterson | Unattached | Girl 2 - 12 |

| 54 | 00:09:05 | 105 | Lily | Payne | Unattached | Girl 2 - 12 |
|-----|----------|-----|-----------|------------|-----------------------|------------------------|
| 55 | 00:09:08 | 50 | Lucci | Percival | Unattached | Girl 2 - 12 |
| 56 | 00:09:09 | 112 | Louis | Porter | Unattached | Boy 2 - 12 |
| 57 | 00:09:10 | 96 | Abi | Abrahams | Unattached | Girl 2 - 12 |
| 58 | 00:09:10 | 128 | Owen | Button | Unattached | |
| | | | | | | Boy 2 - 12 |
| 59 | 00:09:12 | 134 | Zara | Hanman | Unattached | Girl 2 - 12 |
| 60 | 00:09:14 | 113 | Fletcher | Telling | Unattached | Boy 2 - 12 |
| 61 | 00:09:18 | 43 | Grace | Mower | Unattached | Girl 2 - 12 |
| 62 | 00:09:21 | 104 | Jonah | Payne | Unattached | Boy 2 - 12 |
| 63 | 00:09:22 | 145 | | Xenakis | Unattached | Girl 2 - 12 |
| 64 | 00:09:27 | 135 | Christian | Hanman | Unattached | Boy 2 - 12 |
| 65 | 00:09:28 | 79 | Mia | Dann | Unattached | Girl 2 - 12 |
| 66 | 00:09:36 | 107 | Callum | Tricker | Halstead Road Runners | Boy 2 - 12 |
| 67 | 00:09:36 | 148 | Helen | Sage | Unattached | Girl 2 - 12 |
| 68 | 00:09:49 | 119 | Joseph | Partridge | Unattached | Boy 2 - 12 |
| 69 | 00:09:50 | 64 | Jude | Hammond | Unattached | Boy 2 - 12 |
| 70 | 00:09:51 | 129 | Bradley | Sewell | Unattached | Boy 2 - 12 |
| 71 | 00:09:58 | 115 | Caitlin | Telling | Unattached | Girl 2 - 12 |
| 72 | 00:09:59 | 146 | Madeleine | Lyall | Unattached | Girl 2 - 12 |
| 73 | 00:10:02 | 78 | Eleanor | Meader | Unattached | Girl 2 - 12 |
| 74 | 00:10:02 | 100 | Lily-May | Willersey | Unattached | Girl 2 - 12 |
| 75 | 00:10:02 | 70 | Jamie | Bentall | Unattached | Boy 2 - 12 |
| 76 | 00:10:06 | 109 | Owen | Bradford | Unattached | Boy 2 - 12 |
| 77 | 00:10:12 | 57 | Jonathan | Philips | Unattached | Boy 2 - 12 |
| 78 | 00:10:32 | 118 | Tev | Partridge | Unattached | Boy 2 - 12 |
| 79 | 00:10:37 | 143 | Joe | Sewell | Unattached | Boy 2 - 12 |
| 80 | 00:10:38 | 140 | Luca | Blackburn | Unattached | Boy 2 - 12 |
| 81 | 00:10:39 | 117 | Owen | Priestnail | Harwich Runners | Boy 2 - 12 |
| 82 | 00:10:45 | 144 | Elena | Sewell | Unattached | Girl 2 - 12 |
| 83 | 00:10:53 | 62 | Maddie | Caulfield | Unattached | Girl 13 - 15 |
| 84 | 00:11:07 | 87 | Karia | Townes | Unattached | Girl 2 - 12 |
| 85 | 00:11:07 | 88 | Katie | Green | Unattached | Girl 2 - 12 |
| 87 | 00:11:14 | 150 | Ben | Morgan | Unattached | Boy 2 - 12 |
| 88 | 00:11:15 | 125 | Libby | _ | Unattached | Girl 2 - 12 |
| 89 | 00:11:13 | 114 | Brooke | Telling | Unattached | Girl 2 - 12 |
| 90 | 00:11:21 | 110 | Eddie | _ | Harwich Runners | Boy 2 - 12 |
| 90 | 00:11:22 | 74 | | Cannons | | - |
| | | | Jacob | Dawson | Unattached | Boy 2 - 12 |
| 92 | 00:12:23 | 121 | Freddie | Ashmore | Unattached | Boy 2 - 12 |
| 93 | 00:12:25 | 98 | Alex | Farnworth | Unattached | Boy 2 - 12 |
| 94 | 00:12:27 | 139 | Oscar | Manly | Unattached | Boy 2 - 12 |
| 95 | 00:12:33 | 85 | Daniel | Pearson | Unattached | Boy 2 - 12 |
| 96 | 00:12:58 | 58 | Kelsey | Philips | Unattached | Girl 2 - 12 |
| 97 | 00:13:02 | 53 | Max | Richmond | Ipswich JAFFA | Boy 2 - 12 |
| 98 | 00:13:10 | 71 | Jack | Bentall | Unattached | Boy 2 - 12 |
| 99 | 00:13:11 | 42 | Jake | Goodman | Unattached | Boy 2 - 12 |
| 100 | 00:14:12 | 106 | Eli | Payne | Unattached | Girl 2 - 12 |
| | dns/dnf | 39 | Chiara | Livermore | Unattached | Girl 2 - 12 |
| | dns/dnf | 51 | George | Pennick | Unattached | Boy 2 - 12 |
| | dns/dnf | 59 | Amelia | Catchpole | Unattached | Girl 13 - 15 |
| | dns/dnf | 60 | Ella | Harvey | Unattached | Girl 2 - 12 |
| | dns/dnf | 73 | Ross | Garwood | Unattached | Boy 2 - 12 |
| | dns/dnf | 111 | Laura | Finch | Unattached | Girl 2 - 12 |
| | dns/dnf | 126 | Simon | Ashwell | Unattached | Male Over 18 No Trophy |
| | | | | | | |