

Woodbridge 10k, 15/5/2011, Final Results									
Note that ****1,2,3 indicates Placings in Open categories									
Overall							Category		
Place	First Name	Last Name	Bib No	Gun Time	Category	Position	CLUB	TEAM	
1	AARON	SCOTT	1	00:31:31	MO	****1	WOODBIDGE SHUFFLERS		
2	DANIEL	MOSS	634	00:34:55	MO	****2		GREEN ENERGY	
3	ROGER	STONE	148	00:36:04	M40	****3	FELIXSTOWE ROAD		
4	JASON	BERRY	571	00:36:08	M40	1			
5	JONATHAN	LING	493	00:36:18	M15	1	IPSWICH JAFFA		
6	TOM	FAIRBROTHER	236	00:36:39	MO	1			
7	MATT	SPENCER	358	00:36:54	MO	2			
8	MARK	FURNACE	214	00:36:57	MO	3	IPSWICH JAFFA		
9	PAUL	REYNOLDS	546	00:36:58	MO	4			
10	LEON	JONES	367	00:37:38	MO	5		CLOPTON EMU BREEDERS	
11	NELSON	WANDASIEWICZ	522	00:37:44	MO	6			
12	ALEX	EDWARDS	712	00:38:00	MO	7		THE ANCHOR	
13	MARK	CLEMENTS	194	00:38:11	MO	8	IPSWICH JAFFA		
14	MARK	GODDARD	9	00:38:17	M45	1			
15	MARK	BOWDITCH	239	00:38:21	M45	2	IPSWICH TRI CLUB		
16	BEN	HAMMOND	59	00:38:24	MO	9	HARWICH RUNNERS		
17	DAVE	SOLOMON	406	00:38:48	M40	2	FELIXSTOWE ROAD		
18	MARTIN	BARKES	177	00:38:49	MO	10			
19	STUART	GREEN	553	00:38:57	M50	1	STOWMARKET STRIDERS		
20	WILL	HARDCASTLE	3	00:39:03	MO	11		CLOPTON EMU BREEDERS	
21	ALISTAIR	DICK	395	00:39:05	M45	3	IPSWICH JAFFA		
22	ANDREW	GARVIE	447	00:39:07	M40	3		CLOPTON EMU BREEDERS	
23	CHRIS	TYE	126	00:39:07	M40	4	IPSWICH TRI CLUB		
24	GLEN	KENT	100	00:39:15	M50	2	CHELMSFORD A/C		
25	DANNY	JACKSON	401	00:39:18	M15	2	IPSWICH HARRIER		
26	CHRIS	SEYMOUR	446	00:39:19	M40	5	STOWMARKET STRIDERS		
27	NEIL	HIGGINS	84	00:39:34	MO	12			
28	KEVIN	JEFFRIES	391	00:40:06	M45	4	GREAT BENTLEY		
29	SAM	BROOKE	256	00:40:18	MO	13	FELIXSTOWE ROAD		
30	JOE	FAIRBROTHER	230	00:40:23	MO	14			
31	STUART	YULE	111	00:40:24	M40	6		SISU BERLIN	
32	IAN	COXALL	28	00:40:28	MO	15	IPSWICH JAFFA		
33	IVAN	HOLROYD	604	00:40:31	MO	16		ADNAMS	
34	DUNCAN	ANDREWS	209	00:40:33	M40	7		WALDRINGFIELD BASSET HOUND CH	
35	DAVID	KAY	56	00:40:34	M40	8	IPSWICH TRI CLUB		
36	RICHARD	NEWMAN	548	00:40:38	M40	9	HARWICH RUNNERS		
37	PAUL	BROWN	88	00:40:41	M45	5	FRAMLINGHAM FLYERS		
38	TIM	BRAMMAR	69	00:40:48	M45	6			
39	NEIL	GILLINGHAM	370	00:40:54	MO	17	IPSWICH HARRIER		
40	ADY	DALE	392	00:41:09	MO	18		TEAM ADY DALE	
41	BILL	WATSON	131	00:41:13	M45	7	READING ROAD RU		
42	BECKY	MCCORQUODALE	554	00:41:19	FO	****1	HARWICH RUNNERS		
43	DOUG	HUTTONSQUIRE	389	00:41:35	M40	10	WOODBIDGE SHUFFLERS		
44	ROBIN	HARPER	195	00:41:45	MO	19	FELIXSTOWE ROAD		
45	PAUL	NICKELLS	417	00:41:51	M45	8	WOODBIDGE SHUFFLERS		
46	STEVE	BROOKE	248	00:41:51	M40	11	FELIXSTOWE ROAD		
47	LUCY	BOWDITCH	224	00:41:55	F45	****2	IPSWICH TRI CLUB		
48	ZAK	NICHOLS	337	00:41:59	M15	3			
49	JIM	HARDWICKE	114	00:42:18	M45	9		2MINE	
50	PETER	JACKSON	416	00:42:19	M40	12			
51	RAY	ROBERTS	469	00:42:24	M60	1	FELIXSTOWE ROAD		
52	BENJAMIN	BAUMGUERTEL	673	00:42:26	MO	20		SMART 421	
53	STEVE	WHITTAKER	346	00:42:33	M45	10		WOODBIDGE SURFERS	
54	MATT	LAMBERT	359	00:42:36	MO	21			
55	DOUG	GRIMWADE	263	00:42:38	M45	11	HADLEIGH HARES		
56	GEORGE	SOLOMON	412	00:42:41	M15	4			
57	RICHARD	HUDSON	681	00:42:42	M45	12		SMART 421	
58	STEPHEN	CURRAN	532	00:42:44	M45	13	WOODBIDGE SHUFFLERS		
59	ROB	SQUIRRELL	68	00:42:50	MO	22			
60	GARY	DONOGHUE	50	00:42:53	M40	13	HARWICH RUNNERS		
61	MARTIN	LAU	320	00:42:59	MO	23			
62	BARNABY	RUFFORD	72	00:43:00	M40	14			
63	STEPHEN	FIRTH	8	00:43:06	M40	15		WALDRINGFIELD BASSET HOUND CH	
64	TOM	ALLNUTT	437	00:43:07	MO	24			
65	JONATHAN	HORSFIELD	443	00:43:10	MO	25			
66	STEVE	GARVIE	462	00:43:16	M40	16			

67	STEPHEN	PUGH	605	00:43:17	M50	3		ADNAMS
68	GARY	LOWE	36	00:43:20	M50	4		
69	TOM	ELMER	42	00:43:23	M15	5		
70	ANDREW	BUDD	674	00:43:24	M50	5		SMART 421
71	MARTIN	BALL	55	00:43:30	MO	26		FARLINGAYE LORDS
72	SAMUEL	BURDETT	438	00:43:31	M15	6	STOWMARKET STRIDERS	
73	IAN	GOODERHAM	387	00:43:32	M40	17	ST EDMUNDS PACERS	
74	JOHN	WESTON	587	00:43:32	M55	1		GAS SHOP
75	CHERYL	HOLDER	112	00:43:34	F40	****3	PURPLE PATCH RU	
76	WATTS	MARK	335	00:43:35	M45	14	ST EDMUNDS PACERS	
77	TOM	CUMMINGS	348	00:43:36	MO	27		
78	JEAN MICHEL	BERTIN	373	00:43:38	M45	15		
79	JON	COCKRELL	321	00:43:39	M45	16		CASTLE ABC
80	STEVEN	COVEY	361	00:43:44	M40	18		CASTLE ABC
81	STEVE	RIEFE	43	00:43:44	MO	28		WOODBIDGE SURFERS
82	SIMON	MORGAN	227	00:43:45	M40	19	TIPTREE ROAD RU	
83	GEOFF	BUCHANAN	594	00:43:46	M40	20		GRESSINGHAM FOODS
84	PAUL	SAVAGE	396	00:43:47	MO	29		TEAM ADY DALE
85	ANDREW	TRICKER	503	00:43:49	M40	21		
86	RICHARD	HYDE	120	00:43:50	MO	30		
87	DANNY	MARKHAM	222	00:43:51	MO	31		
88	JAMES	CORRIGAN	708	00:43:55	MO	32		DRAGOMAN
89	SIMON	GOLDSMITH	184	00:43:55	MO	33		
90	EMILY	GOODERHAM	381	00:43:57	F15	1	ST EDMUNDS PACERS	
91	THOMAS	DOLAN	255	00:44:00	MO	34		
92	KEVIN	GRANT	81	00:44:01	M40	22	IPSWICH TRI CLUB	
93	GARY	MOFFATT	645	00:44:02	MO	35		ORWELLS FURNITURE
94	SIMON	MEECHAM	18	00:44:02	MO	36	IPSWICH JAFFA	
95	TOMAS	MOTYKA	421	00:44:08	MO	37		
96	LOUIS	DAWSON	704	00:44:09	MO	38		BARRETT'S OF WOODBRIDGE
97	STEVE	FOSKER	87	00:44:12	MO	39		
98	BEN	CHILDS	313	00:44:13	MO	40		
99	TOM	GRIFFITHS	170	00:44:16	MO	41		WALDRINGFIELD BASSET HOUND CH
100	ALISTAIR	GOODIER	161	00:44:20	M40	23	IPSWICH JAFFA	
101	PAUL	BARRELL	232	00:44:20	M45	17		WALDRINGFIELD BASSET HOUND CH
102	PETER	FROST	333	00:44:21	M40	24		
103	ANTHONY	MAYSTON	671	00:44:22	M50	6		SMART 421
104	DAVID	WARWICK	173	00:44:26	MO	42		
105	GRAEME	JONES	33	00:44:30	MO	43		
106	TOM	BURCH	141	00:44:34	MO	44		2MINE
107	DAVE	RUSTON	251	00:44:38	MO	45		
108	OLIVER	GRAY	521	00:44:38	MO	46		
109	PETER	MAYER	440	00:44:40	M50	7		
110	JAMES	LEWIS	505	00:44:42	MO	47		SUPER NOODLE
111	PHIL	ZOIO	625	00:44:43	M40	25		COMPLEMENTARY HEALING
112	ANDY	FORSTER	586	00:44:47	M50	8		GAS SHOP
113	OLIVER	JOHNSON	196	00:44:49	MO	48		
114	VERITY	SMITH	144	00:44:50	FO	1	IPSWICH JAFFA	
115	BENJAMIN	HUDSON	441	00:44:53	MO	49		
116	CAMILLA	KEATES	670	00:44:53	FO	2		TOP THAT
117	PAUL	MASTERSON	245	00:44:54	M40	26		
118	MATTHEW	DAVIES	679	00:44:55	MO	50		SMART 421
119	JOSHUA	SIMPKIN BETTS	667	00:44:56	MO	51		TOP THAT
120	REUBEN	BOLTON	366	00:45:04	MO	52	IPSWICH JAFFA	
121	KIERON	BALES	54	00:45:09	MO	53		
122	SJC	LEWIS	168	00:45:15	FO	3		KAZIKSTAN RUNNING CLUB
123	JAMES	DOUBLE	518	00:45:18	MO	54		
124	NEIL	TURNER	34	00:45:26	M40	27		
125	CAROLINE	HUNT	398	00:45:27	FO	4		
126	LEE	MARKHAM	549	00:45:28	MO	55	WOODBIDGE SHUFFLERS	
127	ADAM	MARKHAM	309	00:45:29	MO	56		
128	ALICE	MAGUIRE	117	00:45:30	F15	2	ST EDMUNDS PACERS	
129	MARK	SARGEANTSON	97	00:45:36	M55	2	FRAMLINGHAM FLYERS	
130	RACHEL	JARVIS	123	00:45:39	F45	1	HARWICH RUNNERS	
131	CHRISTOPHER	BING	468	00:45:41	MO	57	IPSWICH JAFFA	
132	DANIEL	TURNER	372	00:45:44	MO	58		
133	DAVID	BIRKBY	424	00:45:50	MO	59		
134	CHRISTIAN	PAWSEY	154	00:45:57	M40	28	WOODBIDGE SHUFFLERS	
135	NICK	WOODLEY	483	00:45:58	MO	60		
136	SIMON	RUDLAND	193	00:46:03	M45	18		BREAKTHROUGH BREAST CANCER
137	MALCOLM	PIDD	432	00:46:04	M50	9	WOODBIDGE SHUFFLERS	
138	CHRIS	JOHNS	5	00:46:04	M50	10	IPSWICH JAFFA	
139	VICKY	MCTAGGART	595	00:46:04	FO	5		GRESSINGHAM FOODS

140	GABRIEL	MARTINS	545	00:46:06	M40	29	IPSWICH JAFFA	
141	JAMES	ULYETT	264	00:46:07	MO	61		
142	NICHOLAS	WAKE	413	00:46:08	M15	7		
143	DARREN	PAYNE	183	00:46:10	M40	30		WOODBIDGE SURFERS
144	NIGEL	HARRISON	364	00:46:15	M40	31		MARTLESHAM LEISURE
145	IAIN	CATCHPOOL	527	00:46:15	M40	32	IPSWICH JAFFA	
146	ABIGAIL	PATON	152	00:46:18	FO	6	STOWMARKET STRIDERSI	
147	KEVIN	HOLLEY	569	00:46:23	M45	19		
148	MATT	DAVEY	298	00:46:24	MO	62	TIPTREE ROAD RU	
149	JASON	CLARK	38	00:46:24	MO	63		
150	HARRY	NEWTON	471	00:46:25	M15	8		
151	MELVYN	THORLEY	288	00:46:27	M50	11		
152	CLAIRE	BURROWS	77	00:46:30	FO	7		
153	ALEX	MORRISON	330	00:46:32	M45	20		MARTLESHAM LEISURE
154	TIM	GREEN	397	00:46:35	M40	33		
155	MICHAEL	STREAT	506	00:46:36	M45	21		
156	LYDIA	HARDCASTLE	7	00:46:44	FO	8		CLOPTON EMU BREEDERS
157	STUART	FAIRWEATHER	102	00:46:49	MO	64		2MINE
158	RICKY	BURROWS	485	00:46:49	M15	9		
159	HERMIONE	RUFFORD	62	00:46:52	F40	1		
160	HARRY	FULCHER	174	00:46:52	M15	10		DEBEN SWIMMING CLUB
161	DAVID	FOX	208	00:46:52	M50	12	FELIXSTOWE ROAD	
162	RICHARD	OWEN	218	00:46:53	M55	3		
163	NICK	COTTAM	563	00:46:58	M50	13		
164	STEPHEN	MUNNINGS	661	00:46:58	MO	65		TOP THAT
165	LEON	BELL	90	00:47:00	MO	66		2MINE
166	STEPHEN	PARKER	319	00:47:02	M45	22		
167	MARK	CRISP	717	00:47:05	M40	34		THE ANCHOR
168	ANNA	MUIR	128	00:47:06	FO	9		
169	NICK	APPERLEY	10	00:47:10	M45	23		
170	MARTIN	ANDREWS	558	00:47:12	MO	67		
171	ROBERT	TURNER	402	00:47:14	MO	68		
172	MAX	BOOTH	628	00:47:16	M40	35		KINGS HEAD
173	HARRY	GOLDING	540	00:47:16	M15	11		
174	DAVID	DODDS	584	00:47:17	M45	24		GAS SHOP
175	GARY	SADLER	199	00:47:18	MO	69		
176	JUSTIN	THURKETTLE	115	00:47:24	MO	70		2MINE
177	SALLY	CONNICK	44	00:47:27	FO	10	IPSWICH JAFFA	
178	IAN	AKERS	342	00:47:31	MO	71		
179	BARRY	NORMAN	529	00:47:32	M55	4	LOWESTOFT ROAD	
180	KEVIN	DRILLOT	513	00:47:33	M40	36		
181	TONY	BRADFORD	200	00:47:33	M45	25		
182	JULIE	COOKE	448	00:47:34	F50	1		
183	ROB	SWEENEY	229	00:47:35	MO	72		
184	LUKE	HEENEY	277	00:47:36	M40	37		
185	JEFF	HIGGON	318	00:47:38	M55	5	HARWICH RUNNERS	
186	RICHARD	EATON	164	00:47:39	M40	38		WALDRINGFIELD BASSET HOUND CH
187	MICHAEL	SHUSTER	561	00:47:43	M15	12		
188	GRAHAM	MCGUIRE SMITH	638	00:47:44	MO	73		GREEN ENERGY
189	OWEN	PASSMORE	371	00:47:47	M15	13		
190	TONY	BURDETT	302	00:47:48	M45	26	STOWMARKET STRIDERSI	
191	PAUL	WITHAM	502	00:47:49	M45	27		
192	ANDREW	COONEY	408	00:47:49	M45	28		
193	ROSS	COMPTON	353	00:47:50	M15	14		
194	STEVEN	BYFORD	37	00:47:54	M40	39		
195	DAVID	FARROW	541	00:47:55	MO	74		
196	SAMUEL	JENNINGS	76	00:47:57	MO	75		WALDRINGFIELD BASSET HOUND CH
197	MICK	TAYLOR	445	00:47:58	M55	6		
198	GARETH	JONES	479	00:47:58	MO	76		
199	PETER	FRASER HOPEWE	376	00:48:02	M55	7	HARWICH RUNNERS	
200	PETER	FINCH	455	00:48:05	M45	29	STOWMARKET STRIDERSI	
201	PAUL	RIDGEON	581	00:48:05	MO	77		GAS SHOP
202	HAYDN	WADE	619	00:48:06	M15	15		BRAFE ENGINEERING
203	THEODORE	ROBERTS	223	00:48:07	M15	16		
204	SHARON	FARTHING	136	00:48:08	FO	11	WOODBIDGE SHUFFLERS	
205	PAUL	STOCKER	652	00:48:21	MO	78		ORWELLS FURNITURE
206	JULIE	DOVEY	537	00:48:21	F45	2		
207	DAN	REEVE	215	00:48:26	MO	79		
208	KEN	GOULD	475	00:48:28	M45	30		MARTLESHAM LEISURE
209	WILLIAM	SMITH	92	00:48:33	MO	80		
210	SCOTT	HUTCHINSON	514	00:48:36	MO	81		
211	RICHARD	KEEBLE	53	00:48:39	M55	8		
212	OLIVER	MAYSTON	61	00:48:41	M15	17		WOODBIDGE SURFERS

213	STUART	ABBOTT	399	00:48:41	MO	82	WOODBIDGE SHUFFLERS	
214	NEIL	SEABURY	57	00:48:45	FO	12		
215	SARAH	OFFORD	345	00:48:51	F45	3		
216	PAUL	GILSON	294	00:48:52	M50	14	IPSWICH JAFFA	
217	ANGUS	LAWSON	198	00:48:53	M40	40		
218	GAVIN	KOSTRZEWSKI	477	00:48:58	MO	83		TEAM ADY DALE
219	IAN	STOCKLEY	456	00:49:02	M45	31		MARTLESHAM LEISURE
220	STUART	WASHINGTON	265	00:49:05	MO	84		
221	DAVID	ORIORDAN	138	00:49:06	M45	32		
222	MARK	TOLLER	648	00:49:06	MO	85		ORWELLS FURNITURE
223	MARK	WRIGHT	304	00:49:06	M55	9	SAXMUNDHAM SAXO	
224	JON	DAWSON	409	00:49:09	M40	41		
225	JEREMY	VINCE	698	00:49:10	MO	86		BARRETT'S OF WOODBRIDGE
226	REBECCA	CLARE	15	00:49:12	F45	4	WOODBIDGE SHUFFLERS	
227	ANDREW	STROUD	204	00:49:13	M40	42		
228	FIONA	HUNT	150	00:49:14	FO	13	IPSWICH JAFFA	
229	IAN	LINTON	160	00:49:17	M60	2	TIPTREE ROAD RU	
230	EDMUND	BEDINGFIELD	666	00:49:18	MO	87		TOP THAT
231	JORDAN	BAILEY	431	00:49:20	M15	18		
232	ERIC	HEMPSTEAD	633	00:49:21	M40	43		GREEN ENERGY
233	MARTIN	WEST	171	00:49:22	M60	3	HARWICH RUNNERS	
234	CATHARINE	TASKER	694	00:49:26	F45	5		EAST GREEN ENERGY
235	PENNY	BRICE	410	00:49:27	F40	2		
236	DAVID	BALCH	300	00:49:27	M50	15		BREAKTHROUGH BREAST CANCER
237	ROBERT	PECK	32	00:49:28	M40	44		
238	DAVID	TILLEY	403	00:49:30	MO	88		TEAM ADY DALE
239	STUART	RICHARDSON	314	00:49:31	M40	45		CLOPTON EMU BREEDERS
240	MICHAEL	GREEN	676	00:49:35	MO	89		SMART 421
241	SUZANNE	LOVETT	510	00:49:35	FO	14	IPSWICH JAFFA	
242	WILLIAM	SUNAWAY	35	00:49:36	M40	46		
243	MAX	MAYSTON	48	00:49:36	M15	19		WOODBIDGE SURFERS
244	ROGER	BEARN	30	00:49:36	MO	90		
245	CHARLES	BARRETT	85	00:49:37	M40	47		
246	MARK	BEARN	20	00:49:37	M40	48		
247	RICHARD	HERRING	94	00:49:37	M45	33		
248	ROB	COUSINS	511	00:49:39	MO	91		
249	DANIEL	BATCHELOR	293	00:49:46	MO	92		
250	JULIET	CAMPBELLBARR	205	00:49:48	F40	3		MARTLESHAM LEISURE
251	JAMES	REED	75	00:49:52	MO	93	WOODBIDGE SHUFFLERS	
252	HARRY	ORIORDAN	146	00:49:53	M15	20		
253	STEPHEN	COLE	507	00:49:54	M55	10		WOODBIDGE SCHOOL
254	DAVID	HOPKINS	241	00:49:57	M45	34		WOODBIDGE SURFERS
255	SIMON	CHRISTIE	158	00:50:00	M40	49		
256	GARY	TAYLOR	473	00:50:00	M45	35	WOODBIDGE SHUFFLERS	
257	MICHAEL	DALE	573	00:50:03	M50	16		
258	LINDA	GRAVE	690	00:50:04	F45	6		EAST GREEN ENERGY
259	HAZEL	BRAMMAR	51	00:50:08	F45	7		
260	ANDY	KING	262	00:50:13	M40	50		
261	CARLA	HOLROYD	331	00:50:22	F50	2	HARWICH RUNNERS	
262	ADAM	BATCHELOR	280	00:50:26	MO	94		
263	JOHN	FITZGERALD	105	00:50:28	M45	36	WOODBIDGE SHUFFLERS	
264	JASON	MANN	127	00:50:29	M40	51		
265	MARTIN	THORPE	176	00:50:31	M50	17		
266	PAUL	WILLIAMSON	516	00:50:33	M50	18		
267	PAULINE	BARR	27	00:50:34	FO	15	FELIXSTOWE ROAD	
268	SARAH	RATTLE	435	00:50:35	FO	16		
269	ANDREW	COVELL	109	00:50:39	M45	37	WOODBIDGE SHUFFLERS	
270	SARAH	NORTHEY	380	00:50:40	F40	4		WALDRINGFIELD BASSET HOUND CH
271	JUSTIN	BROWN	202	00:50:41	MO	95		
272	ALAN	JACKSON	684	00:50:43	MO	96		SMART 421
273	STEPHEN	WADE	534	00:50:44	M40	52		MARTLESHAM LEISURE
274	STEVE	BOWEN	261	00:50:46	M55	11	HADLEIGH HARES	
275	RICHARD	BANNISTER	583	00:50:49	M40	53		GAS SHOP
276	IAN	BOWN	449	00:50:51	M45	38		
277	HELEN	COOK	693	00:50:52	F45	8		EAST GREEN ENERGY
278	RANDALL	DAWSON	405	00:50:52	MO	97		
279	KAREN	AXTELL	716	00:50:54	F40	5		THE ANCHOR
280	TAMSIN	PASSMORE	142	00:50:55	F45	9		
281	ALEX	COOPER	351	00:50:59	FO	17	WOODBIDGE SHUFFLERS	
282	MICHEAL	HARRISON	517	00:51:00	M40	54		
283	THOMAS	RICHARDS	494	00:51:02	MO	98		
284	KEITH	PARKER	495	00:51:05	M55	12		
285	COLLETTE	GREEN	159	00:51:07	FO	18		

286	STEVE	WILLIAMS	680	00:51:09	M40	55		SMART 421
287	MARK	STANCOMBE DUH	685	00:51:09	MO	99		SMART 421
288	MICHAEL	MCKINNELL	463	00:51:10	M55	13		
289	ANNABEL	BRITCLIFFE	664	00:51:11	FO	19		TOP THAT
290	DAVID	MCLAUGHLIN	426	00:51:12	MO	100		
291	ALAN R	FLATT	379	00:51:15	M40	56		
292	RICHARD	SMITH	268	00:51:16	M50	19	FELIXSTOWE ROAD	
293	ANNA	MORTON	709	00:51:19	FO	20		THE ANCHOR
294	CHRIS	GARLICK	489	00:51:21	M45	39		
295	BEN	ATKINSON	627	00:51:32	MO	101		KINGS HEAD
296	ANDREW	WILLIAMS	585	00:51:34	M45	40		GAS SHOP
297	LISA	PREECE	78	00:51:36	F40	6	SOUTHWELL RUNNI	
298	ALEX	SMITH	524	00:51:37	FO	21	STOWMARKET STRIDERSI	
299	CHRIS	CHILDS	275	00:51:38	M40	57		
300	JON	TOOTH	285	00:51:40	M40	58		
301	MARION	PARKER	500	00:51:43	F45	10	FELIXSTOWE ROAD	
302	JONATHAN	KENT	4	00:51:48	M40	59		
303	GLENN	WARREN	436	00:51:50	M40	60	FRAMLINGHAM FLYERS	
304	WILLIAM	CATCHPOLE	188	00:51:51	M50	20	IPSWICH TRI CLUB	
305	STEVEN	SEINET MARTIN	145	00:51:51	M50	21	FELIXSTOWE ROAD	
306	TIM	FINEGAN	425	00:51:52	M45	41	FELIXSTOWE ROAD	
307	FARRAN	SCOTT	23	00:51:52	FO	22		
308	JO	GARRARD	233	00:51:53	F40	7		WALDRINGFIELD BASSET HOUND CH
309	STEVE	COOPER	567	00:51:54	M40	61		
310	DAVID	LEVANS	464	00:51:57	M45	42		
311	PAUL	HANNATT	615	00:51:57	MO	102		BRAFE ENGINEERING
312	MARK	VOLLER	655	00:52:01	M45	43		ORWELLS FURNITURE
313	MIKE	LINNETT	393	00:52:04	M45	44		
314	MURRAY	JERVIS	336	00:52:06	M45	45		
315	MONIQUE	BERTIN	378	00:52:06	F50	3		
316	VICTORIA	SMITH	539	00:52:09	FO	23		
317	SAMANTHA	SIMPSON	433	00:52:11	F40	8		
318	DAVID	BARNARD	589	00:52:12	MO	103		GAS SHOP
319	KEITH	FISHER	476	00:52:13	M50	22		
320	JULIET	REDDING	394	00:52:16	F40	9		
321	CATHERINE	BRECKELL	544	00:52:20	FO	24		
322	MARK	SCHLUTER	328	00:52:21	M50	23		
323	ANDREZ	KAWA	649	00:52:33	MO	104		ORWELLS FURNITURE
324	GREG	DODDS	132	00:52:35	MO	105		
325	SAM	LINASSI	400	00:52:38	FO	25	FELIXSTOWE ROAD	
326	MIKE	COOPER	559	00:52:39	M50	24	IPSWICH JAFFA	
327	MARTIN	STANLEY	460	00:52:42	M45	46		
328	JOE	WARD	22	00:52:44	MO	106		
329	JOSEPH	CHANDLER	70	00:52:48	M45	47		WOODBIDGE SCHOOL
330	LEONORA	CHANDLER	66	00:52:48	FO	26		WOODBIDGE SCHOOL
331	WILLIAM	COLSON	636	00:52:49	M15	21		GREEN ENERGY
332	NOEL	KEARNEY	64	00:52:49	M40	62		
333	CORINNA	HUSSEY	25	00:52:51	FO	27	HADLEIGH HARES	
334	CHRISTOPHER	STREET	286	00:52:52	M55	14	IPSWICH JAFFA	
335	DARRELL	ATKINSON	308	00:53:03	MO	107		MARTLESHAM LEISURE
336	ADAM	THOMAS	63	00:53:08	M50	25		
337	BELINDA	JENNINGS	612	00:53:08	FO	28		ADNAMS
338	ALAN	MORRIS	597	00:53:14	MO	108		GRESSINGHAM FOODS
339	ROBERT	ARMOUR	528	00:53:20	MO	109		
340	ANDREW	SOUTH	454	00:53:28	MO	110		
341	JOANNE	CHURCHILL	653	00:53:29	FO	29		ORWELLS FURNITURE
342	DAVID	WHELAN	453	00:53:30	M40	63		
343	CHRIS	REEVE	140	00:53:32	MO	111		
344	KARL	HARRIS	512	00:53:36	MO	112		
345	JASON	THROP	639	00:53:37	M40	64		GREEN ENERGY
346	FRANCESCA	CARTER	420	00:53:38	F45	11		
347	MYLES	CHURCHILL	654	00:53:44	MO	113		ORWELLS FURNITURE
348	MARK	CROMPTON	65	00:53:50	M45	48		
349	JORDAN	TAYLOR	290	00:53:51	MO	114		
350	ANDREW	PHIPPS	273	00:53:54	MO	115		
351	KATE	PEARSALL	496	00:53:58	FO	30		
352	MICHAEL	GRIST	695	00:53:59	M45	49		BARRETT'S OF WOODBRIDGE
353	JON	HARRIS	499	00:54:02	M40	65		
354	SIMON	HALE	270	00:54:03	M45	50		
355	JAN	BALAAM	26	00:54:04	FO	31		
356	PETE	EVANS	624	00:54:07	MO	116		COMPLEMENTARY HEALING
357	TIMOTHY	BAUGH	80	00:54:14	M40	66		
358	RICHARD	ADAMS	697	00:54:15	MO	117		BARRETT'S OF WOODBRIDGE

359	STEPHEN	JAMES	299	00:54:16	MO	118		
360	JENNY	JARRETT	242	00:54:17	F45	12	FELIXSTOWE ROAD	
361	JOHN	LEONARD	257	00:54:24	M45	51		
362	NEIL	LILLYWHITE	247	00:54:25	M45	52		
363	CHRIS	COOK	212	00:54:31	MO	119		THORPENESS RUGBY CLUB
364	TERESA	BAILEY	427	00:54:32	F40	10		
365	ROBIN	PHILLIPS	119	00:54:33	M55	15	FELIXSTOWE ROAD	
366	SHIRLEY	BATCHELOR	234	00:54:33	F50	4		
367	SAM	FIELD	635	00:54:34	FO	32		GREEN ENERGY
368	JOHN	CUMMINGS	334	00:54:35	M45	53		
369	HATCHER	KATHRYN	189	00:54:38	FO	33		
370	MARK	COPE	252	00:54:39	M40	67		
371	SIMON	TAYLOR	278	00:54:42	M45	54		
372	JOHN	GRAHAM	498	00:54:43	M40	68		
373	DAVID	LAMPARD	301	00:54:43	M45	55	FELIXSTOWE ROAD	
374	ANDREW	SMALE	687	00:54:44	M45	56		SMART 421
375	NICK	WRIGHT	472	00:54:48	MO	120		
376	DARREN	SMITH	646	00:54:48	M45	57		ORWELLS FURNITURE
377	RICHARD	PICKFORD	663	00:54:48	MO	121		TOP THAT
378	PETER	MOREY	291	00:54:49	M45	58		
379	VINCENT	HUNT	696	00:54:55	M50	26		BARRETT'S OF WOODBRIDGE
380	MICHAEL	SERGEANT	103	00:54:57	M45	59		
381	ROGER	GARNETT	192	00:55:03	M50	27		MARTLESHAM LEISURE
382	BEVERLY	DIXON	219	00:55:05	F40	11		
383	CHRISTOPHER	MOSS	466	00:55:07	M55	16		
384	INDIA	GREEN	225	00:55:11	FO	34		
385	ALOK	RUIA	623	00:55:12	M45	60		COMPLEMENTARY HEALING
386	CLARK	SKATES	357	00:55:12	M45	61		
387	PIPPA	CRESDEE	703	00:55:15	FO	35		BARRETT'S OF WOODBRIDGE
388	JAMES	LEGGETT	582	00:55:19	M45	62		GAS SHOP
389	PAUL	BRANT	16	00:55:20	M40	69		
390	ROGER	SALES	525	00:55:22	M60	4		MARTLESHAM LEISURE
391	LENA	WALLER	340	00:55:23	F40	12		
392	ANDREW	WATKINS	616	00:55:29	M45	63		BRAFE ENGINEERING
393	SIMON	ABBOTT	580	00:55:30	M45	64		GAS SHOP
394	NICK	FALCONER	457	00:55:34	M45	65		
395	CLIVE	ALGAR	656	00:55:37	M50	28		ORWELLS FURNITURE
396	LUCY	MOON	482	00:55:38	F15	3		
397	DAVE	CLELAND	434	00:55:38	M40	70		
398	JILL	ANDERSON	382	00:55:39	F55	1	FRAMLINGHAM FLYERS	
399	SARAH	VICKERS	216	00:55:40	F45	13		
400	LORELA MARIA	MOVILEANU	606	00:55:42	FO	36		ADNAMS
401	BRENDAN	TUCK	682	00:55:42	M45	66		SMART 421
402	STEVEN	FULCHER	686	00:55:42	MO	122		SMART 421
403	JAKUB	LIPKA	591	00:55:43	MO	123		GRESSINGHAM FOODS
404	GRAHAM	THOMPSON	388	00:55:44	MO	124		
405	MARION	BENTON	390	00:55:47	F40	13		
406	JON	DAVIES	203	00:55:50	M40	71		MARTLESHAM LEISURE
407	KATE	CLAPTON	101	00:55:50	FO	37		
408	DAN	CLAPTON	107	00:55:51	MO	125		
409	MARK	DEABILL	590	00:55:52	M45	67		GRESSINGHAM FOODS
410	STUART	BUCK	665	00:55:52	M40	72		TOP THAT
411	SAMUEL	EDWARDS	383	00:55:54	M15	22		
412	SAMANTHA	FULCHER	122	00:55:57	F45	14		
413	TIM	BEECROFT	714	00:55:57	M45	68		THE ANCHOR
414	ROBBIE	HAYWARD	228	00:55:57	M15	23		
415	DAVID	MAILE	14	00:55:59	M55	17		
416	LOUISE	BURRELL	593	00:56:02	FO	38		GRESSINGHAM FOODS
417	OWEN	BERESFORD	106	00:56:04	MO	126		
418	ALISON	LEECH	526	00:56:06	F40	14	STOWMARKET STRIDERS	
419	JUDY	HARDCASTLE	45	00:56:11	F55	2		CLOPTON EMU BREEDERS
420	JIM	GILROY	365	00:56:15	M40	73		
421	MARK	WOOTTON	110	00:56:16	M40	74		WALDRINGFIELD BASSET HOUND CH
422	JEMIMA	WITHEY	478	00:56:17	F40	15		
423	DAN	DUTFIELD	201	00:56:17	M40	75		
424	JULIETTE	HODGES	52	00:56:17	FO	39		
425	SIMON	GUEST	73	00:56:19	M50	29		
426	IAN	HAMMOND	266	00:56:23	M40	76		
427	BERT	HATCHER	125	00:56:26	M65	1	IPSWICH JAFFA	
428	LARRY	BOOTH	156	00:56:28	M40	77		MARTLESHAM LEISURE
429	CAROL	EDWORTHY	71	00:56:31	F40	16		
430	ANTHONY	WADE	618	00:56:34	M45	69		BRAFE ENGINEERING
431	STEVEN	REYNOLDS	354	00:56:39	M50	30		

432	JONATHAN	RIPMAN	244	00:56:42	M55	18		
433	NEIL	MILES	675	00:56:42	M45	70		SMART 421
434	ANDY	SARAH	134	00:56:43	M55	19	ILKLEY HARRIERS	
435	FAYE	HUBBARD	327	00:56:50	FO	40		TEACHERS IN TRAINING-KHS
436	HEIDI	NOBLE	490	00:56:50	F40	17		
437	TONY	MOORCROFT	149	00:56:52	M45	71		
438	JOSEPHINE	HIGGON	343	00:56:53	F50	5	HARWICH RUNNERS	
439	HELEN	RANKIN	442	00:56:55	F40	18		
440	MARK	CHAMPION	631	00:57:00	M40	78		KINGS HEAD
441	STEVE	WARD	715	00:57:00	M50	31		THE ANCHOR
442	EMMA	HIBBERT	600	00:57:01	FO	41		ADNAMS
443	JAMES	JAY	711	00:57:05	MO	127		THE ANCHOR
444	GEMMA	MOSS	414	00:57:07	FO	42		
445	MARK	HAROLD	407	00:57:09	MO	128		TEAM ADY DALE
446	DAVID	GLADING	47	00:57:15	MO	129		
447	JUSTIN	BARKER	622	00:57:15	MO	130		BRAFE ENGINEERING
448	CATHERINE	WALSH	713	00:57:16	F50	6		THE ANCHOR
449	SCOTT	GILLIES	95	00:57:21	M45	72		
450	LUCY	KING	501	00:57:21	F45	15		
451	CHRIS	SLEMMINGS	509	00:57:23	M60	5	IPSWICH TRI CLUB	
452	STEVE	WADE	620	00:57:27	M40	79		BRAFE ENGINEERING
453	VERNON	BLACKMORE	710	00:57:31	M45	73		THE ANCHOR
454	JONATHAN	KNIGHT	428	00:57:35	M45	74		
455	ALISON	TAYLOR	82	00:57:37	F45	16		
456	JENNY	MOSS	707	00:57:47	FO	43		DRAGOMAN
457	FIONA	MASON	706	00:57:48	FO	44		DRAGOMAN
458	RICHARD	DURANT	253	00:57:53	M40	80		
459	SUSI	ROOKE	235	00:57:54	F40	19		
460	KATHRYN	GERRY	213	00:57:56	F40	20		
461	CLARE	MOODIE	552	00:57:56	FO	45		
462	ROSA	CAMPBELL	93	00:57:57	F45	17		
463	ANN	HIRST	166	00:58:03	F40	21		
464	RUSSELL	WOOD	555	00:58:06	MO	131		
465	ANDREW	WHITE	617	00:58:08	M40	81		BRAFE ENGINEERING
466	CAROL	STROUD	292	00:58:08	FO	46		
467	TRACEY	CHILDS	332	00:58:11	FO	47		
468	KEVIN	AYLMER	488	00:58:12	M45	75		
469	SEAN	CLARK	603	00:58:14	M40	82		ADNAMS
470	ANNA	SHARPIN	272	00:58:16	F40	22		
471	TOM	BOLL	368	00:58:17	M40	83		
472	TIM	BOYLE	316	00:58:21	M45	76		
473	VICTORIA	SAVORY	613	00:58:21	FO	48		ADNAMS
474	SARAH	COLE	11	00:58:23	FO	49		
475	NINA	CHRISTENSEN	96	00:58:27	FO	50		
476	CHARLES	LAYZELL	404	00:58:27	MO	132		
477	MATTHEW	MCARDLE	701	00:58:29	MO	133		BARRETT'S OF WOODBRIDGE
478	CAROLYN	GRIFFITHS	182	00:58:30	F40	23		WALDRINGFIELD BASSET HOUND CH
479	SARAH	GROVES	601	00:58:31	F40	24		ADNAMS
480	RICHARD	PARTRIDGE	86	00:58:32	M50	32		
481	GARRAD	RICHENS	486	00:58:33	M45	77		
482	FELICIA	KIRK	692	00:58:35	F45	18		EAST GREEN ENERGY
483	MARK	SOUTER	186	00:58:37	MO	134		THORPENESS RUGBY CLUB
484	GUY	MIDDLETON	39	00:58:38	MO	135		
485	CHRISTOPHER	SAWYER	647	00:58:48	MO	136		ORWELLS FURNITURE
486	FREYA	WEBB	58	00:58:54	F15	4		
487	LUCY	GILROY	356	00:58:56	F40	25		
488	LYNN	BOLTON	377	00:58:58	FO	51		
489	JONATHAN	TOMPKINS	279	00:59:02	M60	6		
490	RORY	CLIFFORD	614	00:59:04	MO	137		ADNAMS
491	HELENA	NEWTON	315	00:59:07	FO	52		
492	LAURA	SQUIRRELL	172	00:59:09	FO	53		
493	ELIZABETH	CANTWELL	609	00:59:10	FO	54		ADNAMS
494	DONALD	BRIGHTMORE	41	00:59:12	M50	33		MARTLESHAM LEISURE
495	EMMA	BRIGHTMORE	104	00:59:15	FO	55		MARTLESHAM LEISURE
496	VICKY	PLATT	143	00:59:18	FO	56		
497	MICHELLE	RIDGE	459	00:59:21	FO	57		
498	EMMA	MEIRING	519	00:59:29	F40	26		
499	KATIE	SLEMMINGS	515	00:59:37	FO	58		
500	KIRSTIE	FLOWER	363	00:59:39	FO	59		
501	EILEEN	FRYER	429	00:59:51	F60	1		
502	GAIL	HAYWARD	238	00:59:54	F45	19		
503	LAUREN	FRANKLIN	124	00:59:55	FO	60	HARWICH RUNNERS	
504	DAVID	TILLET	46	00:59:56	M40	84		

505	MARTIN	OSBORNE SHAW	323	00:59:57	M40	85		
506	EMMA	WESTON	484	00:59:58	F40	27		
507	EMMA	DUTFIELD	217	01:00:04	FO	61		
508	DAVID	ATKINS	237	01:00:05	M40	86		
509	MARTYN	BULLARD	162	01:00:06	MO	138		
510	HANNAH	MAYHEW	508	01:00:08	FO	62		
511	ROSS	POWLESLAND	13	01:00:11	M65	2		
512	LISA	FORD	116	01:00:15	FO	63	HARWICH RUNNERS	
513	SARAH	OWEN	243	01:00:18	FO	64		
514	MICHAEL	CHAPLIN	643	01:00:20	MO	139		ORWELLS FURNITURE
515	NEIL	SHARMAN	451	01:00:23	MO	140		
516	REBECCA	START	324	01:00:28	FO	65		
517	AMANDA	ROXBURGH	542	01:00:29	F40	28		
518	WILLIAM	BRAMMAR	178	01:00:34	M70	1		
519	CORRINE	MGRATH	481	01:00:35	F50	7		
520	JO	CLAYDEN	592	01:00:37	FO	66		GRESSINGHAM FOODS
521	ELIZABETH	STONES	480	01:00:41	F45	20		
522	PAUL	EXCELL	630	01:00:43	M45	78		KINGS HEAD
523	HELEN	PHILLIPS	98	01:00:46	F45	21	FELIXSTOWE ROAD	
524	HELEN	PECK	153	01:00:48	FO	67		
525	ANITA	GRANT	99	01:00:49	F40	29		
526	HANNAH	CONSTABLE	705	01:00:52	FO	68		DRAGOMAN
527	PETER B	TURNER	360	01:00:52	M40	87	FETCHEVERYONE R	
528	LUCY	BALL	629	01:00:59	FO	69		KINGS HEAD
529	ROBYNE	INGLE	689	01:00:59	FO	70		SMART 421
530	LOUISE	FLETCHER	137	01:01:03	F40	30		
531	LAURA	COLLINSON	151	01:01:04	F40	31		
532	GREGORY	RUSSELL	221	01:01:04	M50	34		
533	TINA	BRETT	91	01:01:05	FO	71		MARTLESHAM LEISURE
534	LAURA	REED	79	01:01:06	FO	72		
535	ALISON	SAMMELS	411	01:01:07	FO	73	FRAMLINGHAM FLYERS	
536	DIANE	DOYLE	283	01:01:09	FO	74	FRAMLINGHAM FLYERS	
537	TONY	GOSTICK	660	01:01:18	M55	20		ORWELLS FURNITURE
538	AMY	SPEED	607	01:01:24	FO	75		ADNAMS
539	ALISON	SMITH	659	01:01:30	F50	8		ORWELLS FURNITURE
540	KIM	MOREY	306	01:01:31	F40	32		
541	EMMA	HILTON	282	01:01:39	FO	76		
542	CARL	WAINER	135	01:01:48	MO	141		
543	JASPER	DICKINSON	702	01:01:52	M40	88		BARRETT'S OF WOODBRIDGE
544	RUTH	SUNAWAY	24	01:01:55	FO	77		
545	ANDREW	RUSH	40	01:01:56	M40	89		
546	GILLIAN	WEINER	642	01:02:04	F45	22		ORWELLS FURNITURE
547	MATTHEW	WEINER	641	01:02:04	M45	79		ORWELLS FURNITURE
548	CALLUM	COMPTON	362	01:02:05	M15	24		
549	KATHY	WILTON	691	01:02:26	F55	3		EAST GREEN ENERGY
550	KAREN	HADDOW	640	01:02:27	F45	23		GREEN ENERGY
551	JO	DICKINSON	220	01:02:32	F40	33	FELIXSTOWE ROAD	
552	NIK	ARMES	492	01:02:37	MO	142		
553	KERRY LOUISE	BAILEY	497	01:02:37	FO	78		
554	DENNIS	FINBOW	375	01:02:44	M60	7		
555	TRACEY	MORGAN	657	01:02:48	F40	34		ORWELLS FURNITURE
556	ANITA	BOND	108	01:02:52	F45	24		THE FITNESS UNIT
557	LINDSEY	WARDLEY	118	01:03:12	FO	79		MARTLESHAM LEISURE
558	HELEN	RICHARDSON	254	01:03:26	F40	35		CLOPTON EMU BREEDERS
559	KATY	WILSHIRE	596	01:03:37	FO	80		GRESSINGHAM FOODS
560	RACHAEL	BATTENSSBY	465	01:03:38	FO	81		
561	JOANNE	HEDGES	658	01:03:43	F45	25		ORWELLS FURNITURE
562	BRIAN	NELSON	259	01:03:54	M60	8		MARTLESHAM LEISURE
563	REBECCA	LAWS	662	01:04:12	FO	82		TOP THAT
564	RACHEL	GARDINER	89	01:04:14	F40	36		
565	JAMES	COOK	207	01:04:16	MO	143		THORPENESS RUGBY CLUB
566	NICOLA	KILTY	269	01:04:19	FO	83		
567	LAURA	KING	211	01:04:19	FO	84		
568	SARAH	HOWE	602	01:04:23	FO	85		ADNAMS
569	HELEN	LUGO	271	01:04:32	F45	26		
570	KATIE	SHEMMINGS	258	01:04:33	FO	86		
571	MARTIN	ALABONE	678	01:05:31	M40	90		SMART 421
572	KEVIN	YULE	267	01:05:34	M50	35		
573	MARK	GARDNER	197	01:05:42	M40	91		
574	CAROL	STREET	305	01:06:02	F55	4	IPSWICH JAFFA	
575	PATSY	GRAHAM	179	01:06:38	F60	2		
576	LOUISE	GOODALL	450	01:07:10	F15	5		
577	STEVE	MEEK	683	01:07:54	M40	92		SMART 421

578	GARY	MINNS	700	01:08:28	MO	144		BARRETTS OF WOODBRIDGE
579	SAMANATHA	BOUTTELL	699	01:08:29	FO	87		BARRETTS OF WOODBRIDGE
580	MARY	MARSHALL	312	01:08:49	F65	1		
581	JANE	POWLESLAND	19	01:08:51	F60	3		
582	PETER	TURNER	163	01:10:05	M50	36	FRAMLINGHAM FLYERS	
583	LINDA	THRIFT	533	01:11:12	F55	5		SERPENTINE
584	JAKE	GRUNDY	60	01:11:45	MO	145		
585	REBECCA	HALL	565	01:11:50	F15	6		
586	MARTIN	HALL	564	01:11:51	M45	80		
587	RAYMOND	SMITH	599	01:11:54	M40	93		GRESSINGHAM FOODS
588	PAV	GOODWIN	191	01:12:18	F50	9		
589	JANE	STONE	274	01:12:46	F40	37		WOODBIDGE SURFERS
590	REBECCA	KING	311	01:12:48	FO	88		
591	MATTHEW	BLOWERS	289	01:15:35	MO	146		
JJ Award (fastest local unattached runner)				Daniel Moss		34:55		
Mick Witham Award (fastest unattached O-50)				Stephen Pugh		43:17		
Affiliated Club			Aggregate time of first 3					
1st	Ipswich Jaffa		01:51:26 (Jonathan Ling, Mark Furnace, Mark Clements)					
2nd	Felixstowe RR		01:55:10 (Roger Stone, Dave Solomon, Sam Brooke)					
Unaffiliated Team			Aggregate time of first 3					
1st	Clopton Emu Breeders		01:55:47 (Leon Jones, Will Hardcastle, Andrew Garvie)					
2nd	Waldringfield Basset Hound Chaser		02:07:55 (Duncan Andrews, Stephen Firth, Tom Griffiths)					